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Attorney for Plaintiffs

Additional counsel listed on following page

**UNITED STATES DISTRICT COURT
FOR THE DISTRICT OF ARIZONA
TUCSON DIVISION**

Jane Doe, by her next friend and parents
Helen Doe and James Doe; and Megan Roe,
by her next friend and parents, Kate Roe and
Robert Roe,

Plaintiffs,

v.

Thomas C. Horne in his official capacity as
State Superintendent of Public Instruction;
Laura Toenjes, in her official capacity as
Superintendent of the Kyrene School
District; Kyrene School District; The
Gregory School; and Arizona Interscholastic
Association Inc.,

Defendants.

Case No. _____

**DECLARATION OF DR. STEPHANIE
BUDGE, PH.D., IN SUPPORT OF
PLAINTIFFS' MOTION FOR A
PRELIMINARY INJUNCTION AND
PLAINTIFFS' MOTION TO PROCEED
UNDER A PSEUDONYM**

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**Pro hac vice application forthcoming*

1 I, Stephanie Budge, declare as follows:

2 1. I submit this expert declaration based upon my personal knowledge.

3 2. If called to testify in this matter, I would testify truthfully based on my
4 expert opinion.

5 **Qualifications and Experience**

6 3. I am a licensed psychologist who has been specializing in issues of gender
7 identity and gender transition processes for over 15 years. I received a master's degree in
8 educational psychology from the University of Texas at Austin in 2006 and a PhD in
9 counseling psychology in 2011 from the University of Wisconsin-Madison (UW-
10 Madison). My PhD concentration focused on transgender individuals' mental health. As
11 part of my PhD program, I also specialized in psychological assessment. A true and
12 correct copy of my curriculum vitae is attached hereto as **Exhibit A**.

13 4. I have been a mental health professional since 2006, and I am currently
14 licensed to practice psychology in the state of Wisconsin (license # 3244-57). I have been
15 a faculty member in the UW-Madison Department of Counseling Psychology since 2014.

16 5. I have expertise working with transgender individuals. Since 2007, I have
17 been a mental health provider to transgender individuals. Since 2011, transgender
18 individuals have comprised the majority of my clinical caseload, and I have worked
19 clinically with over 200 transgender clients through the provision of individual therapy,
20 group therapy, psychological evaluations, and supervision of others' clinical work.

21 6. As a faculty member at UW-Madison, I teach courses that focus on training
22 master's and doctoral students skills to become mental health professionals and
23 psychological researchers. I provide *pro bono* therapy and train student therapists in best
24 practices in clinical work with transgender clients at the Counseling Psychology Training
25 Clinic (CPTC), the community clinic affiliated with my academic department at UW-
26 Madison.

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1 7. As part of my faculty appointment, I am the Director of the Trans CARE
2 Collaborative. In this role, I design research projects that focus on transgender
3 individuals' mental health.

4 8. I am also the Director of the Advancing Health Equity and Diversity
5 (AHEAD) program in the School of Medicine and Public Health at UW-Madison. In this
6 role, I mentor postdoctoral scholars and junior faculty in the School of Medicine and
7 Public Health who focus their clinical and research efforts on health equity issues.

8 9. I have published 99 invited and peer-reviewed journal articles and book
9 chapters, with the majority of these focusing on transgender individuals. Several of these
10 publications are focused on the impact of discrimination on transgender people's mental
11 health and effective interventions to improve transgender people's mental health. I have
12 been involved in more than 180 academic presentations (internationally, nationally, and
13 regionally), the majority of which have focused on transgender individuals. I am an
14 associate editor for the journal *Psychology of Sexual Orientation and Gender Diversity*. I
15 am on the editorial board for the *International Journal of Transgender Health* and
16 *LGBTQ+ Family: An Interdisciplinary Journal*. Researchers in the United States and
17 internationally have sought my assistance as an expert reviewer for research focused on
18 transgender individuals. A listing of my publications and lectures is included in my
19 curriculum vitae in **Exhibit A**.

20 10. I have received several awards for my work with transgender individuals.
21 Most recently, I received the 2021 American Psychological Association (APA)
22 Distinguished Contribution to Counseling Psychology Award for my clinical work and
23 research with transgender people. I also received the 2021 APA Social Justice Award for
24 my contributions to psychotherapeutic practice with transgender people. I was the first
25 recipient of the APA Transgender Research Award in 2010. Locally, I am also a member
26 of the Wisconsin Trans Health Coalition (WTHC), which is an organization focused on
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1 improving health care for transgender individuals throughout Wisconsin. My primary
2 role in the coalition is to consult on research projects and collect data about transgender
3 individuals in the upper Midwest to tailor health care interventions for local community
4 members. For my community-focused research with the WTHC, I received the 2018
5 UW-Madison School of Education Community Engaged Scholar Award, the 2021 UW-
6 Madison Exceptional Service Award, and the 2022 UW-Madison School of Education
7 Excellence in Diversity Award.

8 11. I am also a member of the Society for the Psychology of Sexual Orientation
9 and Gender Diversity within the APA (of which I am also a member). In August 2021, I
10 completed a 10-year term as co-chair of the Science Committee for the Society and now
11 continue as a member of the committee. We provide programming at the annual APA
12 convention to disseminate cutting-edge research on the best psychological practices and
13 evidence-based treatments with lesbian, gay, bisexual, transgender, and queer (LGBTQ)
14 individuals. At the 2022 APA annual convention, I chaired or participated in six
15 presentations/panels that focused on (a) best practices in psychological science focused
16 on transgender populations; and (b) interventions to reduce psychological distress for
17 transgender individuals. In 2021, I became a Fellow of the APA.

18 12. I am also a member of the World Professional Association of Transgender
19 Health (WPATH). WPATH is an interdisciplinary professional and educational
20 organization of individuals worldwide specializing in research and practice in transgender
21 health. A complete list of my involvement in various professional associations is included
22 in my curriculum vitae in **Exhibit A**.

23 13. In preparing this declaration, I reviewed the text of Senate Bill 1165 (“SB
24 1165”) at issue in this matter. I also relied on my scientific education and training, my
25 research experience, and my knowledge of the scientific literature in the pertinent fields.
26 The materials I have relied upon in preparing this declaration are the same types of
27 materials that experts in my field of study regularly rely upon when forming opinions on
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1 these subjects. I may wish to supplement these opinions or the bases for them because of
2 new scientific research or publications or in response to statements and issues that may
3 arise in my area of expertise.

4 14. I have not met or spoken with the Plaintiffs or their parents for purposes of
5 this declaration. My opinions are based solely on the information that Plaintiffs' attorneys
6 have provided me as well as my extensive background and experience with transgender
7 clients.

8 15. In the past six years, I have been retained as an expert witness in the
9 following cases: *Whitaker v. Kenosha Unified Sch. Dist. No. 1 Bd. Of Educ.*, No. 16-3522
10 (7th Cir.), *Flack v. Wis. Dep't of Health Servs.*, No. 3:18-cv-00309 (W.D. Wis.), *Boyden*
11 *v. State of Wis. Emp. Trust Funds*, No. 17-cv-00264-wmc (W.D. Wis.), *Cooper v. USA*
12 *Powerlifting & USA Powerlifting Minn.*, No. 62-CV-21-211 (Minn.), *Bridge v. Okla.*
13 *State Dep't of Educ.*, No. CIV-22-787-JD (W.D. Okla.), and *Lusk v. Minn. Dep't of*
14 *Corr.*, No. 62-CV-22-3284 (Minn.). Of these cases, I provided testimony by deposition
15 and at trial in *Boyden* and testimony by deposition in *Cooper*.

16 16. I am being compensated at an hourly rate of \$250/hour for actual time
17 devoted for research, preparation, reports, and/or consulting related to my expert opinion
18 in this case. If deposed or providing testimony in the state of Wisconsin, I will be
19 compensated at a rate of \$400/hour. I also receive \$3,000 a day for compensation when
20 travel is required for my services. My compensation does not depend on the outcome of
21 this litigation, the opinions I express, or the testimony I provide.

22 **Transgender Youth**

23 17. The term "gender identity" is well-established in psychology and medicine
24 and refers to a person's internal or psychological sense of having a particular gender. All
25 human beings have a gender identity. Human beings usually begin to explore and
26 understand their gender identity around the age of three (with some variation).

1 24. Two current diagnostic categories are used by mental health and medical
2 providers when children and youth are transgender: Gender Dysphoria in Childhood
3 (DSM Diagnostic Code F64.2) and Gender Dysphoria in Adolescents and Adults (DSM
4 Diagnostic Code F64.9). Although individuals who are diagnosed with gender dysphoria
5 can experience a diversity of symptoms, the shared diagnostic criteria that is required for
6 both includes clear, distinct, and significant distress from the incongruence between the
7 sex the individual was assigned at birth and their gender identity.

8 25. Gender dysphoria is highly treatable, and the medical community has
9 known for decades how to treat this serious medical condition. Every major medical
10 association in the United States agrees that medical treatment for gender dysphoria is
11 safe, necessary, and effective.

12 26. The precise treatment for gender dysphoria depends on the individual. For
13 most transgender individuals, a gender transition is considered psychologically and
14 medically necessary. Transition can take either or both of two forms: (a) social transition,
15 and (b) medical treatments that change a person's body to align with their gender.

16 27. For transgender individuals, social transition can be an important aspect of
17 treatment to reduce the symptoms of gender dysphoria. As part of a social transition, an
18 individual will typically, among other things, use a name and pronouns congruent with
19 their gender identity and use sex-designated facilities such as restrooms that align with
20 their gender identity. To be clinically effective at alleviating the distress associated with
21 gender dysphoria, a social transition must be respected consistently across all aspects of a
22 transgender individual's life—for example, at home, in school, and at work. It is the aim
23 of treatment to assist the individual in successfully integrating their internal identity into
24 a life that allows them to function consistently in accordance with that identity and not
25 feel shame for who they are. For those transgender adolescents for whom social transition
26 is part of treatment of gender dysphoria, it is likely that serious distress will result if
27 clinically indicated aspects of transition are impeded.

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1 28. Many transgender patients also undergo medical procedures to assist them
2 with achieving primary or secondary sex characteristics that are closely aligned with their
3 gender identity. Hormone therapy may be prescribed—either puberty-blocking hormones
4 designed to delay the onset of physical changes associated with puberty and/or hormones
5 designed to masculinize or feminize the individual’s appearance. Chest reconstruction
6 may be advised for some older adolescents, depending on several factors. Genital surgery
7 is generally not advised until after the adolescent has reached the age of majority.
8 Whether any of these medical interventions are indicated for a patient depends on the
9 needs of the individual patient.

10 29. Transgender girls treated with hormone therapy may appear
11 indistinguishable from non-transgender girls. Transgender girls who are prescribed
12 puberty blockers will not develop the deepened voice, facial hair, and muscle
13 development experienced by boys during puberty, and if that is followed by estrogen and
14 anti-androgen medication, they will have breast development, redistribution of fat
15 (specific to abdomen, buttocks, hips, thighs, and arms), musculature, and hair and skin
16 texture typical of other girls.

17 30. Psychotherapy to reduce the harmful effects of stigma and improve
18 resiliency can also be an important form of support for individuals of any age with gender
19 dysphoria. While psychotherapy can be useful as a support tool, it is not a substitute for
20 social transition and medical treatments needed to reduce/eliminate gender dysphoria.

21 31. There is no “one size fits all” treatment regimen. In addition, individuals
22 may be constrained by practical limitations—such as medical contraindications or cost—
23 on the ability to obtain particular treatments.

24 32. Attempts to “cure” transgender individuals by seeking to change their
25 gender identity to match their assigned sex are ineffective and cause extreme
26 psychological damage. All major associations of medical and mental health providers,
27 including the American Medical Association, the American Psychiatric Association, the
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1 American Psychological Association, and the American Academy of Pediatrics, consider
2 such efforts unethical.

3 33. When individuals with gender dysphoria do not obtain competent and
4 necessary treatment, serious and debilitating psychological distress (for example, suicidal
5 ideation, substance use, depression, anxiety, and self-harm) often occurs.

6 34. Failing to support a transgender minor's gender identity can cause serious
7 harm to their long-term health and wellbeing because transgender youth experience that
8 mistreatment as a profound rejection of their core self. This harm often includes
9 significant psychological distress and difficulty maintaining healthy interpersonal
10 relationships and developing emotional resilience, among others.

11 **Participating in Sports Provides Significant Long-Term Benefits**
12 **to a Child's Mental and Physical Health and Wellbeing**

13 35. For children and young adults, school-sponsored athletics offer lifelong
14 benefits and have a positive developmental impact that is second only to family support.
15 These benefits can be seen in a variety of realms in students' lives, including social and
16 emotional development as well as physical and mental health. With regards to social
17 benefits, students who participate in sports are given the opportunity to make friends and
18 become part of a supportive community of teammates and peers.² Athletes spend
19 considerable time with their teammates, often experiencing high-pressure situations
20 together that lead to deeper friendships. Students who participate in sports also can build
21 teamwork, discipline, and leadership skills. They learn the importance of working as part
22 of a team to achieve a common goal and the importance of each teammate's role in
23 bringing about that goal. Moreover, coaches and other staff members provide students
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26 ² See Erin M. Boone & Bonnie J. Leadbeater, *Game On: Diminishing Risks for*
27 *Depressive Symptoms in Early Adolescence Through Positive Involvement in Team*
28 *Sports*, 16 J. Rsch. Adolescence 79 (2006).

1 who participate in sports access to meaningful mentorship and guidance. This mentorship
2 can extend beyond school athletics, guiding students through other areas of their lives.

3 36. With regards to emotional benefits, school sports provide an opportunity
4 for youth to gain confidence. They also reduce the effects of risk factors, such as stressful
5 life events, that lead to increases in depression.³ Furthermore, learning how to manage
6 stressful events at a young age provides benefits to student athletes throughout their lives,
7 such as learning how to regulate their emotions.⁴ Students who participate in sports
8 experience significantly lower levels of externalizing issues (for example, aggression and
9 delinquency) and anxiety/depression.⁵ Students also experience the success and personal
10 fulfillment achieved from discipline, hard work, and perseverance through many hours of
11 practice and competition, all of which helps students develop positive habits that can
12 benefit them in many other areas of life.⁶

13 37. With regards to physical and mental health benefits, students who play
14 school sports have fewer physical and mental health concerns when compared to those
15 who do not.⁷ Participation in sports at a young age also encourages continued
16 participation as an adult, in turn reducing the morbidity and mortality of many diseases
17 that can arise later in life.⁸

18 ³ *See id.* at 79, 88.

19 ⁴ *See, e.g.,* Stewart A. Vella et al., *Sports Participation and Parent-Reported Health-Related Quality of Life in Children: Longitudinal Associations*, 164(6) *J. Pediatrics* 1469 (2014).

20 ⁵ *See* Sarah J. Donaldson & Kevin R. Ronan, *The Effects of Sports Participation on Young Adolescents' Emotional Well-Being*, 41 *Adolescence* 369 (2006).

21 ⁶ *See, e.g.,* Jennifer Y. Mak & Chong Kim, *Relationship Among Gender, Athletic Involvement, Student Organization Involvement and Leadership*, 25:2 *Hum. Kinetics J.* 89 (2016); Robert P. Dobosz & Lee A. Beaty, *The Relationship Between Athletic Participation and High School Students' Leadership Ability*, 34 *Adolescence* 215 (1999).

22 ⁷ Hans Steiner et al., *Adolescents and Sports: Risk or Benefit?*, 39 *Clinical Pediatrics* 161, 164 (2000).

23 ⁸ Christer Malm et al., *Physical Activity and Sports—Real Health Benefits: A Review with Insight into the Public Health of Sweden*, 7 *Sports* 1, 13–14 (2019).

1 38. Moreover, students who participate in high school sports are more likely to
2 finish college and to be actively engaged in planning for their future. Participation in
3 sports also has a positive impact on academic achievement.⁹

4 **The Negative Impact of Banning Transgender Girls from School Sports**

5 39. Based on my experience working with transgender youth, it would be
6 psychologically damaging for a transgender girl to be banned from playing sports on
7 equal terms with their non-transgender peers. This specific type of discrimination causes
8 irreversible and severe damage to their development. Specifically, discriminating against
9 transgender youth athletes leads to an increase in youth anxiety, depression, trauma, and
10 suicidal ideation/attempts as well as an increase in physical health concerns for
11 transgender youth.¹⁰ Barrera et al. (2022) report that the physical consequences for
12 transgender youth of not being able to participate in sports include worse cardiovascular
13 outcomes, poor bone mineral density, and poor neurocognitive development when
14 compared to non-transgender youth.¹¹ In addition, physicians report that participation in
15 sports is often one primary method through which transgender youth gain access to
16 regular medical care, and if they do not participate in sports, it increases the disparity
17 between non-transgender youth and transgender youth.¹² In addition to the physical and
18 mental health consequences of not being able to participate in sports, transgender people
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22 ⁹ See, e.g., Angela Lumpkin & Judy Favor, *Comparing the Academic Performance of*
23 *High School Athletes and Non-Athletes in Kansas in 2008-2009*, 4 J. Sport Admin. &
Supervision 41 (2012).

24 ¹⁰ Landon D. Hughes et al., *Pediatric Provider Perspectives on Laws and Policies*
25 *Impacting Sports Participation for Transgender Youth*, 9(4) LGBT Health 247–53
(2022).

26 ¹¹ Ellis Barrera et al., *The Medical Implications of Banning Transgender Youth from*
27 *Sport Participation*, 176(3) JAMA Pediatrics 223–24 (2022).

28 ¹² See Hughes et al., *supra* note 10.

1 report greater experiences of harassment, prejudice, rejection, and bullying as a result of
2 legislation focused on restricting transgender people’s rights.¹³

3 40. Transgender girls will also internalize the shame and stigma of being
4 excluded for a personal characteristic (being transgender) over which they have no
5 control and that already subjects them to prejudice and social stigma. Fear of additional
6 discrimination and violence are two primary outcomes that stem from transgender girls
7 being excluded from sports. Not only are there the actual consequences outlined above
8 that occur from direct discrimination, but fear of additional sports-related discrimination
9 leads transgender youth to avoid gym/physical education class, locker rooms, and athletic
10 fields and facilities.¹⁴ Also, being misgendered (i.e., requiring transgender girls to
11 participate in boys’ sports) is associated with the internalization of stigma and the
12 subsequent mental health consequences that arise from internalized stigma.¹⁵

13 41. For transgender girls who are already playing on girls’ teams, a law that
14 requires them to be excluded from continued participation on girls’ teams would have a
15 further negative impact on their health and well-being, causing them to feel isolated,
16 rejected, and stigmatized, and thereby putting them at high risk for severe depression
17 and/or anxiety.

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¹³ Elliot A. Tebbe et al., *A Dangerous Visibility: Moderating Effects of Anti-Trans
24 Legislative Efforts on Trans and Gender-Diverse Mental Health*, 9(3) Psych. Sexual
Orientation Gender Diversity 259–71 (2021).

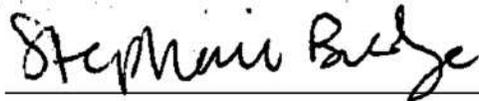
25 ¹⁴ Joseph G. Kosciw, et al., GLSEN, *The 2021 National School Climate Survey: The
26 Experiences of LGBTQ+ Youth in Our Nation’s Schools* 10–11 (2022).

27 ¹⁵ Kevin A. McLemore, *Experiences with Misgendering: Identity Misclassification of
28 Transgender Spectrum Individuals*, 3(1) Stigma & Health 53–64 (2015).

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I declare under criminal penalty under the laws of Arizona that the foregoing is true and correct.

Signed on the 7th day of April, 2023 in Madison, Wisconsin.



Stephanie Budge, Ph.D.

EXHIBIT A

Stephanie L. Budge, PhD, Licensed Psychologist
Curriculum Vitae

Department of Counseling Psychology, School of Education, Room 305, University of
Wisconsin-Madison, Madison, WI 53706, 608-263-3753, budge@wisc.edu

EDUCATION

Doctor of Philosophy **8/2006 - 8/2011**
University of Wisconsin-Madison
APA Accredited Counseling Psychology Program
Minor: Psychological Assessment
Dissertation Title: *Distress in the transition process for transgender individuals: The role of loss, community, and coping.*

Master of Science **8/2004 - 5/2006**
University of Texas at Austin
Educational Psychology
Thesis Title: *Sexual pressure in gay, lesbian, and bisexual relationships.*

Bachelor of Science **1/2003 - 12/2003**
University of Utah
Major: Psychology

Pace University **9/2000 - 12/2002**
Major: Psychology
Minor: Women's and Gender Studies

POSITIONS HELD

Associate Professor, tenured **8/2018 - current**
Department of Counseling Psychology,
University of Wisconsin-Madison

Director of AHEAD (Advancing Health Equity and Diversity) **7/2018 – current**
Institute for Clinical and Translational Research
School of Medicine and Public Health
University of Wisconsin-Madison

Diversity, Equity, and Inclusion Scholar In Residence **1/2022 – 12/2022**
Mental Illness Research Education and Clinical Center
Veterans Affairs

Health Psychologist **6/2017 – 2/2019**
University of Wisconsin Hospital & Clinics

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American Family Children's Hospital

Assistant Professor, tenure-track **8/2016 – 8/2018**
 Department of Counseling Psychology,
 University of Wisconsin-Madison

Assistant Professor, visiting, **8/2014 - 7/2016**
 Department of Counseling Psychology,
 University of Wisconsin-Madison

Postdoctoral Clinical Training **7/2013 - 6/2014**
 University of Louisville Trans Project

Assistant Professor, tenure-track **8/2011 - 8/2014**
 Department of Educational and Counseling Psychology,
 University of Louisville

Postdoctoral Clinical Training, **9/2011 - 8/2012**
 University of Louisville Counseling Center

Predoctoral Internship, **8/2010 - 8/2011**
 University of Minnesota, University
 Counseling and Consulting Services,
 APA-Accredited, APPIC listed predoctoral internship

PROFESSIONAL LICENSE

Licensed Psychologist in Wisconsin - 3244-57 **2/2015 - current**

Licensed Psychologist (provisional) in Kentucky - 2012-42 **8/2011 - 6/2014**
 (under supervision to gain hours for Health Service Provider status)

SPECIAL HONORS AND AWARDS

Excellence in Diversity Award **3/2022**
 Awarded the School of Education Excellence in Diversity Award at UW-Madison—awarded for my research, teaching, and service focused on supporting and advocating for LGBTQ people.

American Psychological Association Division 44 Fellow **10/2021**
 Fellow status is an honor bestowed upon APA members who have shown evidence of unusual and outstanding contributions or performance in the field of psychology. Fellow status requires that a person's work has had a national impact on the field of psychology beyond a local, state or regional level. Division 44 focuses on psychological science and issues related to Lesbian, Gay, Bisexual, Transgender, and Queer people.

UW-Madison Exceptional Service Award **4/2021**
 Awarded the UW-Madison Exceptional Service Award, provided to faculty who provide service

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“above and beyond” service expectations in a university environment

Division 17 Distinguished Contribution to Counseling Psychology **4/2021**
American Psychological Association Division 17 (Society of Counseling Psychology) award for research and practice with trans and nonbinary populations

Division 29 Social Justice Award **2/2021**
American Psychological Association Division 29 (Society for the Advancement of Psychotherapy) award for social justice work and research with LGBT populations

Impact 2030 Faculty Fellow **8/2020**
Awarded the Impact 2030 Faculty Fellowship. Chosen to be one of 10 faculty in the School of Education to be an Impact 2030 Fellow. The fellowship includes 5 years of research support.

Honorary Rainbow Degree **5/2019**
The University of Wisconsin-Madison’s Gender and Sexuality Campus Center provides an award every year to an individual on campus who is dedicated to making positive change for LGBTQ students on campus.

Community Engaged Scholarship Award **4/2018**
The University of Wisconsin-Madison School of Education award for researchers engaged in community-focused scholarship—awarded specifically for my collaborations with the Wisconsin Trans Health Coalition

Outstanding Paper Award **6/2017**
American Psychological Association Division 17 (Counseling Psychology) award for a 2016 major contribution published in *The Counseling Psychologist*

Division 17 Early Career Award **7/2017**
American Psychological Association Division 17 (Counseling Psychology) award for social justice work and research with LGBT populations

Division 29 Early Career Award **5/2015**
American Psychological Association Division 29 (Society for the Advancement of Psychotherapy) award for psychotherapy research

University of Louisville Trustees Award Nomination **2/2013**
Nomination provided to faculty for excelling in mentoring students

Outstanding Graduate Student Award **7/2010**
American Psychological Association Division 17 (Counseling Psychology) LGBT award given for community contributions with the LGBT population during my doctoral studies

Graduate Student Research Award **7/2010**
American Psychological Association Division 17 (Counseling Psychology)
Society for Vocational Psychology/ACT for career research regarding transgender

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individuals

Transgender Research Award **6/2010**

Recipient of the inaugural American Psychological Association Division 44 (Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues) award for research with transgender populations

John W. M. Rothney Memorial Research Award **2/2010**

University of Wisconsin-Madison Counseling Psychology Department award provided to an outstanding doctoral student excelling in research

Outstanding Student Poster Award **8/2009**

American Psychological Association Division 17 (Counseling Psychology)

EXPERT WITNESS AND PUBLIC INTEREST EXPERIENCE

Lusk v. Minnesota Department of Corrections, No. 62-CV-22-3284 (Minnesota, 2022)

Bridge v. Oklahoma State Department of Education, No. CIV-22-787-JD (Oklahoma, 2022)

Cooper v. USA Powerlifting & USA Powerlifting Minnesota, No. 62-CV-21-211 (Minnesota, 2021)

Boyden v. State of Wisconsin Employee Trust Funds, No. 17-cv-264 (Wisconsin, 2018)

Flack v. Wisconsin Department of Health Services, No. 3:18-cv-00309 (Wisconsin, 2018)

Whitaker v. Kenosha Unified School District, No. 2:16-cv-00943-PP (7th Cir. 2016)

Name redacted (private case of a transgender woman seeking asylum), United States DOJ Immigration Court Case (2015)

RESEARCH**JOURNAL PUBLICATIONS**

Underlining denotes student

1. **Budge, S.L.**, Shoenike, D., Lee, J., Norton, M., & Sinnard, M.T. (In press). Transgender and nonbinary patients' psychotherapy goals: A secondary analysis from a randomized controlled trial. *Journal of Psychiatric Research*.
2. Raines, C., Lindley, L., & **Budge, S.L.** (In press). Development and validation of the Masculine Sexual Entitlement Norms Scale. *Psychology of Men & Masculinities*.
3. **Budge, S.L.**, Sinnard, M.T., Lindley, L., Dillard, Q., & Katz-Wise, S.L. (In press). Content analyses of concordance and discordance regarding identity, affect, and coping in families with transgender and nonbinary youth. *LGBTQ+ Family: An Interdisciplinary Journal*.

4. **Budge, S.L.**, Tebbe, E.A., & Love, D. (In press). The development and pilot testing of a minority stress psychoeducation tool for transgender and nonbinary people. *Transgender Health*.
5. Lindley, L., Pulice-Farrow, L., & **Budge, S.L.** (In press). The antecedents of gender dysphoria and the associated thoughts, emotions, and ways of coping: A qualitative analysis and clinical implications. *Counselling Psychology Quarterly*.
6. Lindley, L., & **Budge, S.L.** (In press). Development and validation of the Trans and Nonbinary Coping Measure (TNCM): A measure of trans and nonbinary specific ways of coping with gender-related stress. *Psychology of Sexual Orientation and Gender Diversity*.
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BOOK CHAPTERS

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GRAPHIC NOVEL

Budge, S.L. & Funk, H. (2019). *Longitudinal effects of psychotherapy with transgender clients: A randomized controlled pilot trial*. JKXComics. Available at: <https://www.jkxcomics.com/psychotherapy>

RESEARCH REPORTS

Botsford, J.C., Allen, B.J., Andert, B.D., **Budge, S.L.**, & Rehm, J.L. (2018). *Meeting the healthcare needs of transgender, nonbinary, and gender expansive/ nonconforming youth in Wisconsin: A report of the 2017 Wisconsin Transgender Youth Community Needs Assessment*. Available at: <https://www.med.wisc.edu/media/medwiscedu/documents/about-us/CH-174891-18-TNG-Youth-Report-Full.pdf>

PRACTICE REPORTS

Matsuno, E., Webb, A., Hashtpari, H., **Budge, S.L.**, Krishnan, M., & Balsam, K. (2021). Nonbinary fact sheet. A publication for the Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues: Available at: <https://www.apadivisions.org/division-44/resources/advocacy/non-binary-facts.pdf>

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Stephanie Budge CV 2023

CURRICULUM GUIDE

McGinley, M., Christie, M. B., Clements, Z., Goldbach, C. M., Kraus, E., Woznicki, N. W., Breslow, A. S., **Budge, S. L.**, & Matsuno, E. (2020). A resource for incorporating trans and gender diverse issues into counseling psychology curricula. APA Division 17 Special Task Group, Making Room at the Table: Trans/Nonbinary Pipeline to Counseling Psychology. Available at: <https://www.div17.org/wp-content/uploads/Incorporating-Trans-and-Gender-Diverse-Issues-into-Counseling-Psychology-Curricula.pdf>

RESEARCH SUPPORT

National Institute on Minority Health and Health Disparities 7/01/2023-6/30/2028

National Institute of Health, \$3,500,000, submitted

This grant focuses on developing and measuring a social support instrument for transgender and nonbinary people with the intent of creating community toolkits for LGBTQ+ community organizations.

Role: Principal Investigator

Baldwin Seed Grant

07/2023-07/2024

University of Wisconsin-Madison, \$4,000—**funded**

Mentoring student (J. Lee) on a grant focused on family attachment processes and PTSD for transgender and nonbinary people.

Role: PI

National Institute on Minority Health and Health Disparities

9/01/2022-5/31/2027

National Institute of Health, \$1,063,616, funded

This administrative grant focuses on Northern Arizona University's (NAU's) Southwest Health Equity Research Collaborative (SHERC) to establish community-engaged priorities and strategic plans for addressing a wide range of health disparities; provide the institutional infrastructure for SHERC targeted research projects.

Role: Consultant

School Mental Health Collaborative IES Grant

9/01/2022-9/01/2024

Institute of Education Training Grant, funded

This grant focuses on training postdoctoral trainees in innovative research methods that will impact communities experiencing marginalization

Role: Collaborator

Young Investigator Grant

9/01/2022-9/01/2024

American Foundation for Suicide Prevention, \$90,000—**funded**

This grant focuses on using EMA methods to assist therapists with intervening for transgender adult clients experiencing suicidal ideation.

Role: Co-Investigator

Diverse & Resilient Community Grant

9/17/2021-9/17/2022

Diverse & Resilient, \$20,000—**funded**

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Community grant focusing on a program evaluation regarding a training for mental health providers to infuse radical healing into their practice and to reduce internalized stigma.

Role: PI

Understanding and Reducing Inequities Initiative

7/01/2021-7/01/2023

University of Wisconsin-Madison, \$250,000—**funded**

Study focusing on creating a psychotherapy intervention for trans and nonbinary people that includes radical healing and skills to reduce internalized transnegativity.

Role: PI

Baldwin Seed Grant

07/2021-07/2022

University of Wisconsin-Madison, \$4,000—**funded**

Mentoring student (L. Lindley) on a grant focused on coping mechanisms for transgender and nonbinary people.

Role: PI

2030 Faculty Fellowship Funds

8/20/2020-8/20/2025

University of Wisconsin-Madison, \$100,000—**funded**

Funds to support community-based research focused on improving mental health and wellness for transgender and nonbinary people.

Role: PI

Baldwin Seed Grant

06/2019-06/2020

University of Wisconsin-Madison, \$4,000—**funded**

Mentoring student (M. Sinnard) on a grant focused on objectified body consciousness for trans, nonbinary, and gender nonconforming individuals.

Role: PI

Online Course Development Grant

01/2019-9/2020

University of Wisconsin-Madison, \$15,000—**funded**

This grant funds university faculty to design new and innovative courses at UW-Madison. The funding will cover the creation of a course called “Gender and Queer Issues In Psychology” set to begin in Summer 2020.

Role: Instructor

Fall Research Competition

6/2018 – 6/2019

University of Wisconsin-Madison, \$34,000 - **funded**

Research project determining the effectiveness of psychotherapy interventions focused on minority stressors for transgender clients.

Role: PI

UW Institute for Clinical Research (ICTR)

6/2017 – 6/2018

Health Equity and Diversity (AHEAD) research pilot award, \$10,000 - **funded**

Research project determining the effectiveness of psychotherapy interventions focused on minority stressors for transgender clients.

Role: PI

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National Institute of Health 1/2017 – 1/2019
NICHD, R21, \$206,028—**funded**
Structured pubertal suppression readiness assessment for gender dysphoric youth.
Role: Collaborator

Gaining STEAM 5/2018 – 5/2019
JKX Comics, \$4800, **awarded**
Grant awarded to scientists to pair with a comic book artist to create visual representation of scientific content.
Role: Scientist

Fall Research Competition 5/2017 - 9/2018
University of Wisconsin-Madison, \$60,000 - **funded**
Supplemental research project for the NIH grant (listed below) focusing on pubertal suppression for transgender youth.
Role: PI

Wisconsin Partnership Program 6/2016 – 6/2018
Community Opportunity Grant, \$50,000 - **funded**
A grant that assists with opportunities focused on transgender health and equity in health care.
Role: Collaborator

UW Institute for Clinical Research (ICTR) 6/2016 – 6/2018
Health Equity and Diversity (AHEAD) research pilot award, \$10,000 - **funded**
Research project advancing the Wisconsin Survey of Trans Youth: An Assessment of Resources and Needs.
Role: Co-investigator

Faculty Research Development Grant 10/2012 - 10/2013
University of Louisville, \$2,200 - **funded**
Research project testing psychotherapy process and outcomes for transgender individuals.
Role: PI

Faculty Research Development Grant 9/2011- 9/2012
University of Louisville, \$2,200 - **funded**
Research project regarding positive experiences of transgender identity and intersectionality of identities with genderqueer individuals.
Role: PI

Charles J. Gelso Research Grant 6/2010 – 6/2012
American Psychological Association (Division 29), \$2,000 - **funded**
Meta-analysis project focusing on personality disorders and treatment effectiveness.
Role: PI

INTERNATIONAL PRESENTATIONSUnderlining denotes student;

1. **Budge, S.L.** & Lee, J. (2022, July). *Understanding and Incorporating Trans-Affirmative Therapies When Working With Two Spirit, Trans, and Nonbinary Clients*. Korean Counseling Association/ Korean Counseling Psychology Association Conference. Presented virtually to an audience in Seoul, Korea.
2. **Budge, S.L.** (2021, June;). *Attending to Power, Privilege, and Oppression in Psychotherapy Research*. Panel moderator for a plenary session at the Society for Psychotherapy Research, Heidelberg, Germany (hybrid model online due to COVID-19).
3. **Budge, S.L.** (2020, October). *Mental Health Care for Trans Youth: What Helps Youth Thrive and What Resources are Requested?* World Professional Association for Transgender Health (WPATH) Conference, originally scheduled to be in Hong Kong, online due to COVID-19.
4. **Budge, S.L.** & Sinnard, M.T. (2020, October). *Acceptability and Feasibility of a Randomized Controlled Trial with Transgender and Nonbinary Clients*. World Professional Association for Transgender Health (WPATH) Conference, originally scheduled to be in Hong Kong, online due to COVID-19.
5. Sinnard, M.T. & **Budge, S.L.** (2020, October). *Development of the Objectified Body Consciousness Scale for Transgender and Nonbinary Adults*. World Professional Association for Transgender Health (WPATH) Conference, originally scheduled to be in Hong Kong, online due to COVID-19.
6. Allen, B., Rehm, J., **Budge, S.L.**, Botsford, J., & Andert, B. (2018, May). *School Safety and Support for Transgender Youth with Non-binary vs. Binary Gender Identities*. Pediatric Academic Societies (PAS) Conference, Toronto, Canada.
7. Rehm, J., Allen, B., **Budge, S.L.**, Botsford, J., & Andert, B. (2018, May). *Transgender youth who receive gender related care from a specialized provider differ from other transgender youth*. Pediatric Academic Societies (PAS) Conference, Toronto, Canada.
8. Rehm, J., Allen, B., **Budge, S.L.**, Botsford, J., & Andert, B. (2018, May). *Increased awareness of healthcare needs of youth with nonbinary gender identities is needed*. Pediatric Academic Societies (PAS) Conference, Toronto, Canada.
9. **Budge, S.L.** & Katz-Wise, S.L. (2016, July). *Emotional expression of trans youth and their families: A cross-comparison of familial cultures for gender and emotions*. Paper presented at the International Congress of Psychology Conference, Yokohama, Japan.
10. Chin, M.Y., Minero, L., & **Budge, S.L.** (2016, July). *"This is me, and I am happy. I love it": Understanding Internal Coping Processes of Trans-identified Individuals using Grounded Theory*. Paper presented at the International Congress of Psychology Conference, Yokohama, Japan.
11. **Budge, S.L.**, Katz-Wise, S.L., Conniff, J., Belcourt, S., & Parks, R. (2016, July). *Developmental processes of coping for trans youth: Results from the Trans Youth and Family Study (TYFS)*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
12. Sinnard, M., Raines, C., & **Budge, S.L.** (2016, July). *Effects of location and transition status on anxiety and depression in trans individuals*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.

13. **Budge, S.L.** & salkas, s. (2016, July). *An overview of non-binary gender identities in the National Transgender Discrimination Survey*, Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
14. Orovecz, J., salkas, s., & **Budge, S.L.** (2016, July). *External identity processes for individuals with non-binary identities*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
15. Rossmann, K., Sinnard, M., & **Budge, S.L.** (2016, July). *The externalization of affect for individuals with non-binary gender identities*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Amsterdam, The Netherlands.
16. Hase, C.N., Reiland, M.T., **Budge, S.L.** (2015, August). "Omitting none:" *Experience of people of color in a primarily white meditation community*. Poster presented at American Psychological Association. Toronto, ON.
17. Akinniyi, D.A. & **Budge, S.L.** (2015, August). *Genderqueer individuals' conceptualizations of multiple identities: A qualitative investigation using identity maps*. Paper presented at the Annual Meeting for the American Psychological Association, Toronto, Canada.
18. Sinnard, M. & **Budge, S.L.** (2015, August). *Effects of location and transition status on anxiety and depression in trans individuals*. Poster presented at the Annual Meeting for the American Psychological Association, Toronto, Canada.
19. Watkins, C.E., **Budge, S.L.,** & Wampold, B.E. (2015, August). *Extrapolating the Wampold/Budge psychotherapy relationship model to psychotherapy supervision*. Paper presented at the Annual Meeting for the American Psychological Association, Toronto, Canada.
20. **Budge, S.L.** (2014, February). *Developmental processes of positive emotions for trans individuals: The interplay of interpersonal emotions and transition appraisal*. Paper presented at the World Professional Association for Transgender Health Biannual Conference, Bangkok, Thailand.
21. **Budge, S.L.,** Adelson, J.L., & Howard, K.A.S. (2014, February). *Transgender and Genderqueer individuals' mental health concerns: A moderated mediation analysis of social support and coping*. Paper presented the World Professional Association for Transgender Health Biannual Conference, Bangkok, Thailand.

NATIONAL PRESENTATIONS

Underlining denotes student;

1. Klessig, C., Dyer, R. L., Teasdale, T., Weber, I. J., & **Budge, S. L.** (2022). "In most cases, abortion is understandable": *A qualitative investigation of psychotherapists' abortion attitudes*. Poster presented at the 2022 American Psychological Association Annual Convention, Minneapolis, MN.
2. Teasdale, T., Dyer, R. L., Weber, I. J., Klessig, C., & **Budge, S. L.** (2022). *Exploring the impact of benevolent sexism on mental health clinicians' abortion attitudes*. Poster presented at the 2022 American Psychological Association Annual Convention, Minneapolis, MN.
3. Weber, I. J., Dyer, R. L., Klessig, C., Teasdale, T., & **Budge, S. L.** (2022). *Mental health clinicians' attitudes about classism and client pregnancy decisions*. Poster presented at the 2022 American Psychological Association Annual Convention, Minneapolis, MN

4. Smith, C. L., Zubizarreta, D., **Budge, S. L.**, Watson, R. J., Gordon, A. R., Austin, S. B., & Katz-Wise, S. L. (2022, August). *Risk and protective factors related to body image and disordered eating in a longitudinal study of Transgender and Nonbinary adolescents*. Poster presented at the American Psychological Association Convention, Minneapolis, Minnesota.
5. Guan, T., Pham, C., & **Budge, S.L.** (2022, August). *Disrupting white supremacy in psychology training: Recommendations to support trainees of color*. Poster presented at the American Psychological Association Convention, Minneapolis, Minnesota
6. Lee, J. & **Budge, S.L.** (2022, August). *Moving From Gatekeeping to a Companionship Model in Letter Writing for TNB Individuals*. Poster presented at the American Psychological Association Convention, Minneapolis, Minnesota.
7. Dominguez, Jr. S., & **Budge, S.L.** (2022, August). *Using CBPR in Psychotherapy Research to Undermine Gatekeeping Practices*. Paper presented at the American Psychological Association Convention, Minneapolis, Minnesota.
8. Lee, J., Dominguez Jr., S., Matsuno, E., Norton, M., Lindley, L., Tebbe, E., & **Budge, S.L.** (2022, August). *Mixed-Methods Results from Gender, Resilience and Resistance, Empowerment, and Affirmation Training*. Paper presented at the American Psychological Association Convention, Minneapolis, Minnesota
9. Dominguez Jr., S. **Budge, S.L.**, Tebbe, E.A., Norton, M., Lee, J., Lindley, L., & mcneill, j. (2022, August). *Baseline data from an open psychotherapy trial with Two-Spirit, Trans, & Nonbinary Clients of Color*. Paper presented at the American Psychological Association Convention, Minneapolis, Minnesota.
10. **Budge, S.L.** (2022, August). *Changing Cisnormative Spaces: Improving Access to Psychotherapy and Educational Spaces for Trans and Nonbinary People*. Fellows talk provided at the American Psychological Association Convention, Minneapolis, Minnesota.
11. Smith, C. L., Zubizarreta, D., **Budge, S. L.**, Watson, R. J., Gordon, A. R., Austin, S. B., & Katz-Wise, S. L. (2022, June). *Longitudinal associations of risk and protective factors on body image and disordered eating among Transgender and Nonbinary youth*. Paper presented at the International Conference of Eating Disorders, Virtual Conference.
12. **Budge, S.L.** (2021, August). *Gab with the greats*. An invited panelist for Division 29 Society for the Advancement of Psychotherapy at the annual American Psychological Association National Convention, Virtual Conference.
13. **Budge, S.L.** (2021, August). *Attending to Power, Oppression, and Healing with Trans, Nonbinary, and Queer Populations*. Chair of symposium presented at a mini symposium at the at the annual American Psychological Association National Convention, Virtual Conference.
14. Elliott, G., Domínguez, S. Jr., & **Budge, S. L.** (2021, August). *A Case Study Approach to Using a Strong Intersectional Lens in Therapy with Trans and Nonbinary Clients*. Paper presented at a mini symposium at the at the annual American Psychological Association National Convention, Virtual Conference.
15. Norton, M., Domínguez, S. Jr., Elliot, G., & **Budge, S. L.** (2021, August). *Dismantling, Decolonizing, and Deconstructing: Engaging the Possibilities within a Critical Lab Praxes*. Paper presented at a mini symposium at the at the annual American Psychological Association National Convention, Virtual Conference.

16. McNeill, J. & **Budge, S.L.** (2021, August). *Theory and Practice of Radical Healing for Queer and Trans Black and Indigenous People of Color*. Paper presented at a mini symposium at the at the annual American Psychological Association National Convention, Virtual Conference.
17. Lee, J., Hoyt, W.T., Budge, S.L., & Lee, B. (2021, August). *Parental attachment and internalized transnegativity among Korean TNB populations: Role of Self-shame, Rejection Sensitivity, and self-concept clarity*. Poster presented at the American Psychological Association Convention. Virtual Conference due to COVID-19.
18. Lindley, L. & **Budge, S.L.** (2021, August). *Development of the Transgender/Nonbinary Coping Measure*. Poster presented at the American Psychological Association Convention. Virtual Conference due to COVID-19.
19. Veldhuis, C.B., Budge, S.L., Velez, B., Galupo, M.P., Cascalheira, C., Renteria, R., & Delucio, K. (2021, August). *Thought-Provoking Conversations about LGBTQIA+ Research*. Panelist at the American Psychological Association Convention. Virtual Conference due to COVID-19.
20. Katz-Wise, S., Vishnudas, S., Smith, C., Marchwinski, B., Budge, S.L., Godwin, E., Moore, L., Ehrensaft, D., Rosal, M.C., Thomson, K. (2021, May). *Family Functioning and Mental Health: A Two-Year Longitudinal Study of Families with Transgender and/or Nonbinary Youth*. Paper presented at the LGBTQ Health Conference. Virtual Conference due to COVID-19.
21. Dyer, R.L. & **Budge, S.L.** (2021, March). *Psychotherapist attitudes about client pregnancy decision-making: Developing a scale*. Paper presented at the Association for Women in Psychology. Virtual Conference due to COVID-19.
22. **Budge, S.L., Velez, B., Mohr, J., Moradi, B., Puckett, J., & Matsuno, E.** (2020, August). *Taking the mystery out of publishing LGBTQ research: Lessons learned*. Symposium accepted at the 2020 American Psychological Association Convention, Washington, D.C.
23. **Budge, S.L., Sinnard, M.T., & Hoyt, W.T.** (2020, August). *Minority stress outcomes during and post psychotherapy: 6-month follow-up results for trans clients*. Paper accepted at the 2020 American Psychological Association Convention, Washington, D.C.
24. Tao, K., Paquin, J., & Budge, S.L. (2020, April). Using a counseling psychology lens to propose and implement a social justice framework for ethical psychotherapy research. Symposium accepted at the 2020 Counseling Psychology Conference, New Orleans, Louisiana. Conference cancelled due to COVID-19.
25. Dyer, R.L. & **Budge, S.L.** (2020, April). *Qualitative examination of transgender clients' reflections on discussing minority stress with psychotherapists*. Poster to be presented at the 2020 Counseling Psychology Conference, New Orleans, Louisiana. Conference cancelled due to COVID-19.
26. Domínguez, S. Jr., Budge, S. L. (2020, April). *The Social and Internal Aspects of Gender Dysphoria Scale (SIAGD): A community-engaged measure for gender dysphoria*. Poster to be presented at the 2020 Counseling Psychology Conference, New Orleans, Louisiana. Conference cancelled due to COVID-19.
27. Domínguez, S. Jr., Budge, S. L., & Goldberg, A. E. (2019, August). *Minority stress in nonbinary college students: The impact of campus climate and belongingness*. Poster presented at the 2019 American Psychological Association National Convention, Chicago, IL.

28. Dyer, R. L., Sinnard, M.T., & Budge, S. L. (2019, August). *Working alliance and gender minority stress: Implications for psychotherapy with trans, nonbinary, and gender expansive/nonconforming clients*. Poster presented at the 2019 American Psychological Association Convention, Chicago, Illinois.
29. Sinnard, M.T., Dyer, R. L., & Budge, S. L. (2019, August). *Effects of identity concealment on substance use and suicidality among Midwest trans, nonbinary, and gender expansive/nonconforming individuals*. Poster presented at the 2019 American Psychological Association Convention, Chicago, Illinois.
30. Schoenike, D., Wachter, E., & Budge, S.L. (2019, August). *The Interaction of Transgender Identity, Race, and Mental Health: A Nationwide Sample*. Poster presented at the 2019 American Psychological Association Convention, Chicago, Illinois.
31. Barcelos, C., **Budge, S.L.**, & Botsford, J. (2019, April). *Uneven Access: The Health of Trans and Gender Nonconforming People in Wisconsin and the Upper Midwest*. Paper to be presented at the Annual National Transgender Health Summit, San Francisco, CA.
32. Bhattacharya, N., **Budge, S.L.**, Pantalone, D., & Katz-Wise, S.L. (2018, November). *Conceptualizing relationships among transgender and gender nonconforming youth and their caregivers*. Paper presented at the American Public Health Association Conference, San Diego, California.
33. **Budge, S.L.**, Sinnard, M.T., & Hoyt, W.T. (2018, September). *Longitudinal Effects of Psychotherapy with Transgender Clients: A 6-month Follow-up*. Paper presented at the Biennial North American Society for Psychotherapy Research Conference, Snowbird, Utah.
34. Sinnard, M.T. & **Budge, S.L.** (2018, September). *"I Want to Correct Past Harmful Counseling Experiences": Goal Attainment in Psychotherapy with Transgender Clients*. Paper presented at the Biennial North American Society for Psychotherapy Research Conference, Snowbird, Utah.
35. **Budge, S.L.** (2018, August). *The feasibility of a clinical trial focusing on trans individuals' minority stress*. Paper presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
36. **Budge, S.L.**, Allen, B., Andert, B., Botsford, J., & Rehm, J. (2018, August). *Resources contributing to psychological well-being for trans youth: A CBPR Approach*. Paper presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
37. Sweetnam, M.R., Mauk, E., & **Budge, S.L.** (2018, August). *A qualitative analysis of nonbinary and genderqueer individuals' experiences of proximal and distal minority stress*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
38. Dillard, S., Sinnard, M.T., **Budge, S.L.**, & Katz-Wise, S.L. (2018, August). *Triadic analysis of concordance and discordance in families of trans youth*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
39. Mauk, E., Guo, E., Stock, C., Eck, M., & **Budge, S.L.** (2018, August). *Minority stress interventions in a psychotherapy pilot trial for transgender clients*. Paper presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
40. Orzechowski, M., **Budge, S.L.**, Lavendar, A., Onsgard, K., Schamms, S., Liebowitz, S., & Katz-Wise, S.L. (2018, August). *Emotions of transgender youth*. Poster presented at

- the Annual Meeting for the American Psychological Association, San Francisco, California.
41. Raines, C.R. & **Budge, S.L.** (2018, August). *Measuring masculine sexual entitlement: Subscales of a new instrument*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
 42. Sinnard, M.T., Orzechowski, M., **Budge, S.L.**, Belcourt, S., Conniff, J., Orovecz, J., Parks, R., Sun, S., & Sutton, J. (2018, August). *Depression and anxiety among transgender compared to cisgender Individuals: A meta-analysis*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
 43. Sinnard, M.T., **Budge, S.L.**, & Hoyt, W.T. (2018, August). *The effectiveness of psychotherapy for transgender clients: A randomized controlled trial*. Paper presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
 44. Sun, S., Hoyt, W.T., & **Budge, S.L.** (2018, August). *Minority stress, HIV risk behaviors, and mental health among Chinese men who have sex with men (MSM): A qualitative analysis*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
 45. Thomas, K.A., Andert, B., Ibarra, N., **Budge, S.L.**, & dickey, I. (2018, August). *Non-suicidal self-injury in transgender individuals*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
 46. Dyer, R., **Budge, S.L.**, Rehm, J., Botsford, J., Andert, B., & Allen, B. (2018, August). *Rural-urban differences in perceived safety at school for Wisconsin trans youth*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
 47. Raines, C.R. & **Budge, S.L.** (2018, August). *Understanding the relationships between masculine sexual entitlement, masculinity, and violence*. Poster presented at the Annual Meeting for the American Psychological Association, San Francisco, California.
 48. Rehm, J., Botsford, J., **Budge, S.L.**, Andert, B., & Allen, B. (2017, September). *Initial results of needs assessment for trans and gender expansive youth in Wisconsin*. Poster presented at the International Joint Meeting of Pediatric Endocrinology, Washington, D.C.
 49. Rossman, H. K., Sinnard, M. T., & **Budge, S. L.** (August, 2017). *Bisexuality and Consensual Non-Monogamy for Trans Individuals and Their Romantic Partners*. Paper presented at the Bisexuality Issues Committee Intersectionality Symposium at the Annual Meeting for the American Psychological Association in Washington, D.C.
 50. Minero, L.M. & **Budge, S.L.** (2017, February). *Experiences of exclusion and discrimination among undocutrans (undocumented and transgender) individuals in the united states and implications for mental health professionals*. Paper presented at the meeting for the United States Professional Association for Transgender Health, Los Angeles, California.
 51. Thai, J.L., Orovecz, J., **Budge, S.L.** (2017, February) “*I was pretty sure I was doing the wrongest thing a wrong thing could be done*”: *A qualitative examination of trans men’s experiences of negative emotions*. Presentation in a symposium at the US Professional Association of Transgender Health, Los Angeles, CA.
 52. **Budge, S.L.** (2017, February). *Evaluating the effectiveness of psychotherapy with trans clients: using the working alliance inventory*. Paper presented at the meeting for the United States Professional Association for Transgender Health, Los Angeles, California.

53. **Budge, S.L.** (2016, August). *Psychotherapy interventions, process, and outcome with transgender and gender non-conforming clients*. Chair of invited symposium for Division 29 at the Annual Meeting for the American Psychological Association, Denver, Colorado.
54. **Budge, S.L.** (2016, August). *The impact of minority stress interventions on psychotherapy outcomes with a trans client*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
55. Minero, L.M., Chin, M.Y., & Budge, S.L. (2016, August). *Transgender clients' reports of characteristics of effective and trans-competent therapists*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
56. **Budge, S.L.** (2016, August). *The state and future of psychotherapy research with transgender clients*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
57. Orovecz, J., Moon, J., & Budge, S.L. (2016, August) *Using transgender emotion labels to expand on emotion models*. Presentation in a symposium at the American Psychological Association Annual Convention, Denver, CO.
58. Minero, L.M., Chin, M.Y., & Budge, S.L. (2016, August). *Understanding external coping processes of trans-identified individuals using grounded theory*. Poster presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
59. Salkas, S. & Budge, S.L. (2016, August). *An overview of US population-based data on individuals with non-binary gender identities*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
60. Alexander, D., Orovecz, J., Salkas, S., Stahl, A., & Budge, S. L. (2016, August). *Internal identity processes for individuals with non-binary identities*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
61. Rossmann, K., Sinnard, M., & Budge, S.L., (2016, August). *The "queering" of emotions--using non-binary gender identity to label emotional processes*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
62. Barr, S. M. & Budge, S.L. (2016, August). *Experiences of self esteem and well-being for individuals with non-binary gender identities*. Paper presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
63. Chase, A., Lam, J., & Budge, S.L. (2016, August). *Culture and masculine ideology: measuring masculinity among japanese american men*. Poster presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
64. Akinniyi, D. & Budge, S.L. (2016, August). *The student-athlete experience: Multiple minority statuses and discrimination*. Poster presented at the Annual Meeting for the American Psychological Association, Denver, Colorado.
65. **Budge, S.L.** (2016, August). *Identity processes, well-being, and emotional processes for individuals with non-binary identities*. Chair of symposium at the Annual Meeting for the American Psychological Association, Denver, Colorado.
66. Hase, C.N., Meadows, J.D., Budge, S.L. (2016, June). *Inclusion and exclusion in the white space: An investigation of the experiences of people of color in a primarily white american meditation community*. Poster presented at Mind & Life Summer Research Institute. Garrison, NY.
67. **Budge, S.L.** (2015, June). *The effectiveness of psychotherapeutic treatments for personality disorders: A review and critique of current research practices*. Paper

- presented at the Annual Meeting for the Society for Psychotherapy Research, Philadelphia, PA.
68. Kring, M. & **Budge, S.L.** (2015, June). *Re-evaluating outcomes in psychotherapy: Considerations beyond self-report*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Philadelphia, PA.
 69. Owen, J. J., Wampold, B.E., Miller, S.D., **Budge, S.L.**, & Minami, T. (2015, June). *Trajectories of change in short-term psychotherapy: Lessons from growth curve mixture modeling*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Philadelphia, PA.
 70. Katz-Wise, S.L. & **Budge, S.L.** (2015, April). *Imaging the future: qualitative findings of future orientation from trans youth and parents/caregivers in the Trans Youth Family Study*. Paper presented at the Annual Transgender Health Summit, Oakland, CA.
 82. **Budge, S.L.** (2014, August). *The other side of the story: trans individuals' experiences of positivity and resilience*. Symposium chair for the Annual Meeting for the American Psychological Association, Washington, DC.
 83. **Budge, S.L.** (2014, August). *Lessons learned from NIH-grant submission for LGBTQ research*. Invited panelist for the Annual Meeting for the American Psychological Association, Washington, DC.
 71. **Budge, S.L.** & Katz-Wise, S.L. (2014, August). *Emotional and interpersonal experiences of trans youth and their caregivers*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
 72. Eleazer, J.L., Nguyen, Y., **Budge, S.L.** (2014, August). *"I'm afraid of my therapist": Military policy and access-to-care for transgender US service members*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
 73. Thai, J.L. & **Budge, S.L.** (2014, August). *Mental health outcomes for trans Asian American, Asian, and Pacific Islander populations*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
 74. Alexander, D. & **Budge, S.L.** (2014, August). *The impact of partner support on symptoms of anxiety for trans women, trans men, and genderqueer individuals*. Poster presented at the Annual Meeting for the American Psychological Association, Washington, DC.
 75. Barr, S.M. & **Budge, S.L.** (2014, August). *Trans identity salience as a predictor for well-being and body control beliefs for trans individuals*. Poster presented at the Annual Meeting for the American Psychological Association, Washington, DC.
 76. Keller, B.L., Barr, S.M., & **Budge, S.L.** (2014, August). *Trans women's emotional resilience: Reactions to the intersection of sexism and transphobia*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
 77. Rossmann, H.K., Sinnard, M., **Budge, S.L.** (2014, August). *Adapting a three-tiered model of emotions to genderqueer individuals' identity processes*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
 78. Thai, J.L., Orovecz, J., **Budge, S.L.** (2014, August). *Trans men's experiences of positive emotions: An examination of gender identity and emotion labels*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, DC.
 79. Tebbe, E.N., Brewster, M., **Budge, S.L.** (2014, August). *A content analysis of transgender psychological literature*. Poster presented at the Annual Meeting for the American Psychological Association, Washington, DC.

80. Thai, J.L. & **Budge, S.L.** (2014, March). *Family relationships and outness for transgender Asian Pacific Islander individuals*. Paper presented at the Society of Counseling Psychology Conference, Atlanta, GA.
81. Hunter, C. & **Budge, S.L.** (2014, March). *The moderating effect of race related to discrimination for transgender individuals*. Paper presented at the Society of Counseling Psychology Conference, Atlanta, GA.
82. Alexander, D. & **Budge, S.L.** (2014, March). *The impact of partner support on symptoms of anxiety for trans women, trans men, and genderqueer individuals*. Paper presented at the Society of Counseling Psychology Conference, Atlanta, GA.
83. Barr, S.M. & **Budge, S.L.** (2014, March). *Validation of the Objectified Body Consciousness Scale for transgender individuals*. Paper presented at the Society of Counseling Psychology Conference, Atlanta, GA.
84. **Budge, S.L.** (2013, October). *Addressing grief and role transitions for transgender clients experiencing gender identity incongruence*. Paper presented at the Biennial North American Society for Psychotherapy Research Conference, Nashville, TN.
85. **Budge, S.L.**, Barr, S.M., Katz-Wise, S.L., Keller, B.L., & Manthos, M. (2013, June). *Incorporating positivity into psychotherapy with trans clients*. Workshop presented at the Annual Philadelphia Transgender Health Conference, Philadelphia, PA.
86. **Budge, S.L.** & Barr, S.M. (2013, April). *Emotional and identity processes of trans youth: A developmental approach*. Paper presented at the Biennial Society for Research on Child Development Conference, Seattle, WA.
87. **Budge, S.L.**, Thai, J., Rossmann, H.K. (2012, August) *Intersecting identities and mental health outcomes for transsexual, cross-dressing, and genderqueer individuals*. Poster presented at the Annual Meeting for the American Psychological Association, Orlando, Florida.
88. **Budge, S.L.** & Keller, B.L. (2012, August). *"She felt pressured, I felt neglected": LGBQ individuals' experiences of sexual pressure in relationships*. Poster presented at the Annual Meeting for the American Psychological Association, Orlando, Florida.
89. **Budge, S.L.**, Moore, J., Neinhuis, J., Baardseth, T., & Wampold, B.E. (2012, June). *The relative efficacy of bona-fide psychological treatments for personality disorders: A meta-analysis of direct comparisons*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Virginia Beach, Virginia.
90. **Budge, S.L.** & Katz-Wise, S.L. (2012, February). *Trans-affirmative therapy: Focusing on emotional and coping processes throughout gender transitioning*. Workshop presented at the Transgender Spectrum Symposium, Annual Meeting of the Gay and Lesbian Affirmative Psychotherapy Association, New York, New York.
91. **Budge, S.L.** & Katz-Wise, S.L. (2011, November). *Transgender emotional and coping processes: Facilitative and avoidant coping throughout the gender transition*. Paper presented at the Annual Meeting for the Society for the Scientific Study of Sexuality, Houston, Texas.
92. **Budge, S.L.** & Howard, K.H. (2011, August). *Gender socialization and genderqueer individuals: The impact of assigned sex on coping and mental health concerns*. Paper presented at the Annual Meeting for the American Psychological Association, Washington, D.C.
93. Tebbe, E.L., **Budge, S.L.**, & Fischer, A. (2011, March). *Transforming the research Goliath: Reflections on research with transgender communities*. Roundtable presented at

- the Bi-Annual Meeting of the Association for Women in Psychology, Philadelphia, Pennsylvania.
94. **Budge, S.L.** & Howard, K.A.S. (2010, August). *Coping, social support, and well-being in the transition process for transgender individuals*. Paper presented at the Annual Meeting for the American Psychological Association, San Diego, California.
 95. Baardseth, T.P., **Budge, S.L.**, & Wampold, B.E. (2010, August). *Allegiance and psychotherapy research: The effectiveness of supportive therapy as a control*. Poster presented at the Annual Meeting for the American Psychological Association, San Diego, California.
 96. Solberg, V.S., Gresham, S.L., **Budge, S.L.**, & Phelps, A.L. (2010, August). *Impact of learning experiences on students with disabilities career development*. Poster presented at the Annual Meeting for the American Psychological Association, San Diego, California.
 97. Katz-Wise, S.L., **Budge, S.L.**, & Hyde, J.S. (2010, August). *Individuation or identification? Objectified body consciousness*. Poster presented at the Annual Meeting for the American Psychological Association, San Diego, California.
 98. Solberg, V.S., Gresham, S.L., **Budge, S.L.**, & Phelps, A.L. (2010, August). *Impact of exposure to quality learning experiences on career development*. Paper presented at the Annual Meeting for the American Psychological Association, San Diego, California.
 99. **Budge, S.L.** & Fluckiger, C. (2010, June). *Comparison of evidence-based-treatments versus treatment as usual: A meta-analysis*. Paper presented at the Annual Meeting for the Society for Psychotherapy Research, Asilomar, California.
 100. **Budge, S.L.** & Howard, K.A.S. (2010, April). *Career decision-making in the transgender population: The role of barriers and discrimination*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.
 101. **Budge, S.L.**, Solberg, V.S., Phelps, L.A., Haakenson, K., & Durham, J. (2010, April). *Promising practices for implementing Individualized Learning Plans: Perspectives of teachers, parents, and students*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.
 102. Solberg, V.S., Gresham, S.L., Phelps, L.A., & **Budge, S.L.** (2010, April). *Identifying decision-making patterns and its impact on career development and workforce readiness*. Paper presented at the Annual Meeting for the American Educational Research Association, Denver, Colorado.
 103. Katz-Wise, S.L., **Budge, S.L.**, & Hyde, J.S. (2010, March). *Objectified body consciousness and the mother-adolescent relationship*. Poster presented at the Biennial Meeting for the Society for Research on Adolescence, Philadelphia, Pennsylvania.
 104. **Budge, S. L.**, Tebbe, E. N., Katz-Wise, S. L., Schneider, C. L., & Howard, K. A. (2009, August). *Workplace transitions: Work experiences and the impact of transgender identity*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
 105. Katz-Wise, S. L., **Budge, S. L.**, & Schneider, C. L. (2009, August). *Navigating the gender binary: A qualitative study of transgender identity development*. Paper presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
 106. Nelson, M. L., Thompson, M. N., Huffman, K. L., & **Budge, S. L.** (2009, August). *Development and further validation of the social class identity dissonance scale*. Paper

- presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
107. Dvorscek, M., **Budge, S. L.**, Bluemner, J. L., & Valdez, C. R. (2009, August). *Health care provider perspectives on Latino patients with depression*. Poster presented at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada.
 108. Neumaier, E. R., **Budge, S. L.**, Bohlig, A. J., Doolin, E. M., & Nelson, M. L. (2009, August). *I feel masculine but they think I'm feminine: Toward measuring experienced gender role*. Poster presented at the Annual Meeting of the American Psychological Association during the Division 17 Social Hour, Toronto, Ontario, Canada.
 109. Doolin, E. M., Graham, S. R., Hoyt, W. T., **Budge, S. L.**, & Bohlig, A. J. (2009, January). *Out and about in the South: Defining lesbian communities*. Poster presented at the National Multicultural Conference and Summit, New Orleans, LA.
 110. **Budge, S. L.**, Tebbe, E. N. & Howard, K. A. S. (2009, January) *Transgender individuals' work experiences: Perceived barriers, discrimination, and self-efficacy*. Paper presented at the Annual Meeting of the Career Conference, Madison, WI.
 111. Howard, K. A. S., **Budge, S. L.**, Jones, J., & Higgins, K. (2009, January). *Future plans of urban youth: A qualitative analysis of influences, barriers, & coping strategies*. Paper presented at the Annual Meeting of the Career Conference, Madison, WI.
 112. **Budge, S.**, Schneider, C., Rodriguez, A., Katz-Wise, S., Tebbe, E., & Valdez, C. (2008, August). *The emotional roller coaster: Transgender experiences of positive and negative emotions*. Poster presented at the Annual Meeting of the American Psychological Association, Boston, MA.
 113. Nelson, M. L., Huffman, K. & **Budge, S. L.**, (2008, August). *Initial validation of the Social Class Identity Dissonance Scale*. Poster presented at the Annual Meeting of the American Psychological Association, Boston, MA.
 114. **Budge, S. L.**, Schneider, C., Rodriguez, A., & Howard, K. A. S. (2008, January) *What about the "T"?: Career counseling with transgender populations*. Paper presented at the Annual Meeting of the Career Conference, Madison, WI.
 115. Howard, K. A. S., McKay, K. M., & **Budge, S. L.** (2007, August) *Adolescents' use of SOC strategies: The interaction with low-income and high violence contexts*. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
 116. **Budge, S. L.** & Sherry, A. (2007, August) *The influence of gender role on sexual compliance: A preliminary investigation of LGB relationships*. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
 117. Howard, K. A. S., Solberg, V. S., & **Budge, S. L.** (2007, August). *Designing culturally responsive school counseling career development programming for youth*. Paper presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
 118. Howard, K. A. S., Jones, J. E., **Budge, S.**, Gutierrez, B., Lemke, N., Owen, A., & Higgins, K. (2007, April). *Academic and career goals of high school youth: processes and challenges*. Paper presented at the Annual Meeting of the American Educational Research Association, Chicago, IL.

REGIONAL PRESENTATIONSUnderlining denotes student;

1. Dominguez, S. Jr., Matsuno, E., **Budge, S. L.**, & Tebbe, E. (2021, September). *Gender, Resilience and Resistance, Empowerment, and Affirmation Training*. Training provided at the University of Wisconsin-Madison via Zoom.
2. Dominguez, S. Jr., & **Budge, S. L.** (2021, May). *Microaggressions, communication, and power dynamics*. Workshop presented at the Madison Inclusive Leadership Conference, Madison, Wisconsin.
3. Tebbe, E.A. & **Budge, S.L.** (2021, April). *Transforming healing spaces: Tips and considerations in creating trans affirming spaces*. Workshop provided at the Wisconsin LGBTQ Health Summit, Madison, Wisconsin.
4. **Budge, S.L.**, Lindley, L., & Dominguez, S. (2021, February). Supporting mental health care for TNB clients. School of Social Work, University of Wisconsin-Madison, Madison, Wisconsin.
5. **Budge, S.L.** (2020, September). *Recruiting LGBTQ populations*. Symposium for Research Administrators. Madison, Wisconsin.
6. **Budge, S.L.** (2020, September). *Best practices for conducting research with LGBTQ populations*. Institute for Clinical and Translational Research training for researchers at the University of Wisconsin-Madison. Madison, Wisconsin.
7. **Budge, S.L.** (2019, April). *Trans affirmative therapy: Therapy for trans and nonbinary clients beyond the "101."* Workshop provided at the Wisconsin LGBTQ Health Summit, Madison, Wisconsin.
8. Guo, E., Mauk, E., & **Budge, S.L.** (2018, November). *Minority stress interventions in a psychotherapy pilot trial for transgender clients*. Paper presented at the Annual Meeting for the Wisconsin Counseling Association, Madison, Wisconsin.
9. **Budge, S.L.** (2018, November). *Mental Health and Wellbeing: Trans, Nonbinary, and Gender Nonconforming People*. Paper presented at the Annual Midwest Family Medicine Conference, Madison, Wisconsin.
10. Dyer, R. L., **Budge, S. L.**, Botsford, J., Andert, B., Rehm, J., & Allen, B. (April 2018). *Supporting trans youth in rural Wisconsin*. Symposium presented at the 2018 Wisqueer Conference, Madison, Wisconsin.
11. Dyer, R. L., **Budge, S. L.**, Botsford, J., Andert, B., Rehm, J., & Allen, B. (April 2018). *Trans youth needs assessment survey results: Nonmetropolitan-metropolitan differences in perceived safety at school for Wisconsin trans and nonbinary youth*. Poster presented at the 2018 Wisconsin Psychological Association Convention, Appleton, Wisconsin.
12. **Budge, S.L.** & Bostford, J. (February, 2018). *Trans experiences in Mental Health*. Symposium presented at the 2018 Wisconsin LGBTQ Summit, Milwaukee, Wisconsin.
13. Dyer, R. L., **Budge, S. L.**, Botsford, J., Andert, B., Rehm, J., & Allen, B. (February 2018). *Supporting trans youth in rural Wisconsin*. Symposium presented at the 2018 Wisconsin LGBTQ Summit, Milwaukee, Wisconsin.
14. **Budge, S.L.** (2017, September). *Transgender individuals and minority stress: The past, present, and future*. Research talk presented for the UW Department of Psychology Diversity series.

15. **Budge, S.L.** and Karcher, O. (2017, May). *Supporting trans youth and their mental health needs, Part 2*. Paper presented at the Supporting Trans and Gender Expansive Youth conference, Madison, Wisconsin.
16. **Budge, S.L.** (2016, October). *Supporting trans youth and their mental health needs*. Paper presented at the Supporting Trans and Gender Expansive Youth conference, Madison, Wisconsin.
17. **Budge, S.L.** (2013, November). *Incorporating an IPT approach with transgender clients*. Paper presented at the Annual Kentucky Psychological Association Conference, Lexington, Kentucky.
18. **Budge, S.L.** (2013, April). *Using interpersonal therapy with transgender clients*. Workshop provided at the Annual University of Florida Interdisciplinary Conference on LGBT Issues.
19. **Barr, S. M. & Budge, S. L.** (2013, April). *The role of identity integration in the emotional well-being of post-transition individuals*. Poster presentation at the Kentucky Psychological Association Student Research Conference, Louisville, Kentucky.
20. **Orovecz, J., Thai, J.L., & Budge, S.L.** (2013, April). *"I'm stoked about life": The emotional processes of trans men through a qualitative lens*. Poster presented at the Spring Research Conference, Lexington, Kentucky.
21. **Rossman, K. & Budge, S.L.** (2013, April). *Genderqueer individuals' mental health concerns: The relationship between social support and coping*. Paper presented at the Spring Research Conference, Lexington, Kentucky.
22. **Barr, S. M. & Budge, S. L.** (2013, April). *The role of identity integration in the emotional well-being of post-transition individuals*. Poster presented at the Spring Research Conference, Lexington, Kentucky.
23. **Rossman, K. & Budge, S.L.** (2013, June). *Just the fact that I commanded that respect - I got the privilege: Qualitative examination of privilege in the trans community*. Paper presented at the Spring Research Conference, Lexington, Kentucky.
24. **Keller, B.L., Barr, S.M., & Budge, S. L.** (2013, April). *"For every bad, there's 40 good things that happen": A qualitative approach to understanding the positive emotional experiences of trans women*. Poster presentation at the Spring Research Conference, Lexington, Kentucky.
25. **Orovecz, J., Thai, J.L., & Budge, S.L.** (2013, April). *"I'm stoked about life": The emotional processes of trans men through a qualitative lens*. Presented at the Spring Research Conference, Lexington, Kentucky.
26. **Orovecz, J., Thai, J.L., & Budge, S.L.** (2013, March). *"I'm me, and I'm proud to be me": A grounded theory analysis of trans men's emotional processes*. Presented at the Kentucky Psychological Association Foundation Spring Academic Conference, Louisville, Kentucky.
27. **Eleazer, J. R. & Budge, S. L.** (2013, March). *"It would be better for them to have a dead hero for a father than a freak:" Suicidality and trans military service*. Poster presented at the Kentucky Psychological Association Spring Academic Conference, Louisville, Kentucky.
28. **Sinnard, M., Rossman, K., & Budge, S. L.** (2013, March). *Positive emotional experiences of gender non-binary identified individuals*. Poster presentation at the Kentucky Psychological Association Student Research Conference, Louisville, Kentucky.

29. Barr, S.M., Stahl, A., Manthos, M., & Budge, S.L. (2012, November). *"It means there aren't rules and you don't have to ascribe to a specific binary": A qualitative examination of genderqueer identity.* Paper presented at the Chicago LGBTQ Health and Wellness Conference, Chicago, Illinois.
30. Thai, J.L., Orovecz, J., & Budge, S.L. (2012, November). *Trans men and positivity: Emotional processes related to identity.* Paper presented at the Chicago LGBTQ Health and Wellness Conference, Chicago, Illinois.
31. **Budge, S.L., Barr, S.M., Orovecz, J., & Rossman, H.K.** (2012, November). *Clinical work with LGBT youth.* Workshop provided at the Annual Kentucky Psychological Association Conference, Louisville, Kentucky.
32. **Budge, S.L., Lee, S., & Monahan-Rial, V.** (2011, February). *Bridging institutional gaps: Utilizing transgender-affirmative therapy with college students.* Workshop presented at the Annual Meeting for the Big 10 College Counseling Center Conference, Minneapolis, Minnesota.
33. Lee, J., **Budge, S.L.,** Wilson, J.L., & Roper, J.M. (2011, February). *The Korean Conundrum: Managing stigma in the recruitment of group counseling members.* Workshop presented at the Annual Meeting for the Big 10 College Counseling Center Conference, Minneapolis, Minnesota.
34. **Budge, S.L.** & Katz-Wise, S.L. (2010, February). *Transition to adulthood: Developmental steps for transgender individuals.* Workshop presented at the Conference on Transgender and Gender Variant Youth, Madison, Wisconsin.
35. **Budge, S.L.** (2009, October). *Individualized Learning Plans: Parent, student, and educator focus groups.* Paper presented at the Fall Institute for the National Collaborative on Workforce and Disability/Youth, Charleston, South Carolina.

KEYNOTE AND INVITED PRESENTATIONS

1. **Budge, S.L.** & Hamer, J. (2022, December). Diversity Management Strategies to Improve Cross-Cultural and Intercultural Communication in Research Teams. Invited training to the Center for Innovations in Quality, Effectiveness, and Safety at the Houston Veterans Affairs, Houston, Texas.
2. **Budge, S.L.** (2022, November). Community-Based Research: A Step-By-Step Guide to Starting and Implementing Research Team and Community Feedback. University of Arkansas Department of Psychiatry and Behavioral Sciences and South Central MIRECC for Veterans Affairs, Little Rock, Arkansas.
3. **Budge, S.L.** (2022, October). Community-centered mental health. Workshop provided to LGBTQ+ Health Fellows in the School of Medicine and Public Health, University of Wisconsin-Madison, Madison, WI.
4. **Budge, S.L.** (2022, October). Barriers and Successful Outcomes in Recruiting Participants for Clinical Trial Research. Invited talk to the Center for Innovations in Quality, Effectiveness, and Safety at the Houston Veterans Affairs, Houston, Texas.
5. **Budge, S.L.** (2022, October). Lessons learned from being an expert witness in discrimination trials. Invited talk University of Wisconsin-Madison Law School, University of Wisconsin-Madison, Madison, Wisconsin.
6. **Budge, S.L.** (2022, October). LGBTQ+ Advocacy and Activism in Psychology. Invited talk at Clark University, Worcester, Massachusetts.

7. **Budge, S.L.** (2022, October). Reducing barriers to accessing mental health care for Two Spirit, trans, and nonbinary people of color: An open clinical trial. Invited talk at Arizona State University, Tempe, Arizona.
8. **Budge, S.L.** & Tebbe, E.A. (2022, July). Attending to internalized stigma in psychotherapy with Two Spirit, Transgender, and Nonbinary Clients. Workshop provided to Sondermind Therapy. Virtual workshop.
9. **Budge, S.L.** (2022, July). Best practices in supporting trans and nonbinary youth. School of Education Early Career Institute, University of Wisconsin-Madison, Madison, Wisconsin.
10. **Budge, S.L.**, (2022, April). Reducing barriers to accessing mental health care for Two Spirit, trans, and nonbinary people of color: An open clinical trial building upon lessons learned. Invited talk to the Center for Innovations in Quality, Effectiveness, and Safety at the Houston Veterans Affairs, Houston, Texas.
11. **Budge, S.L.**, (2022, April). Conducting psychotherapy research with transgender and nonbinary populations: CBPR Methods and Lessons Learned. University of Arkansas Department of Psychiatry and Behavioral Sciences and South Central MIRECC for Veterans Affairs, Little Rock, Arkansas.
12. **Budge, S.L.** (2022, April). Queering networking. Workshop provided by the APA Division 44 Science Committee. Virtual workshop.
13. **Budge, S.L.** (2022, April). Queering research. Workshop provided by the APA Division 44 Science Committee. Virtual.
14. **Budge, S.L.** (2022, April). Providing evidence-based psychotherapy to transgender and nonbinary clients: Beyond the basics. Keynote presented at the Kentucky Psychological Association conference in Louisville, KY.
15. **Budge, S.L.** Dominguez, Jr., S., & Lee, J. (2022, March). Providing trans affirming care to youth. Intern seminar at the Wisconsin Psychiatric Institute and Clinics, University of Wisconsin-Madison.
16. **Budge, S.L.**, Dominguez Jr., S., & Norton, M. (2022, February). Incorporating radical healing and addressing internalized transnegativity in psychotherapy for transgender, Two Spirit, and nonbinary people of color: A community-based participatory research approach. Workshop provided to the School Psychology Department, University of Wisconsin-Madison.
17. Tebbe, E.A. & **Budge, S.L.** (2022, January). LGBTQ identity development in young people. Training provided to the Central Wisconsin Health Partnership, Appleton, Wisconsin.
18. **Budge, S.L.** (2021, February). Conducting psychotherapy research with trans and nonbinary populations. Presented to the Counseling Psychology department at the University of British Columbia, Vancouver, Canada.
19. **Budge, S.L.** & Dominguez, S. Jr. (2019, November). *Mental health care for transgender, nonbinary, and gender nonconforming clients*. Presented to practitioners at Group Health Cooperative Insurance, Madison, Wisconsin.
20. **Budge, S.L.**, Dominguez, S.Jr., Mauk, E., & Sweetnam, M. (2018, October). *School of Education: At the forefront of transgender studies*. Presented to the Board of Visitors at the School of Education—University of Wisconsin-Madison.

21. **Budge, S.L. & Mauk, E.** (2017, May). *Health and well-being of LGBTQ students: Lessons learned and recommendations for educators*. Invited presentation at the CESA Conference, Madison, Wisconsin.
22. **Budge, S.L.** (2016, March). *The construction of gender identity as “disordered”: A critical examination of mental health using trans narratives*. Invited presentation at the Women’s and Gender Studies Forum at the University of Florida, Gainesville, Florida.
23. **Budge, S.L.** (2016, March). *Understanding, acknowledging, and responding to LGBTQ microaggressions in health care settings*. Keynote provided at the Florida Area Health Education Center, Gainesville, Florida.
24. **Budge, S.L.** (2014, September). *Positivity in trans populations: Implications for vocational psychology*. Boston University, Boston, Massachusetts.
25. **Budge, S.L.** (2013, April). *Future directions for research and therapy with trans and gender diverse individuals*. Keynote provided at the Annual University of Florida Interdisciplinary Conference on LGBT Issues.
26. **Budge, S.L.** (2013, March). *The psychology of sexual orientation and gender identity: future directions and implications*. Keynote provided at the East Texas Psi Chi Student Research Conference, Tyler, Texas.

NATIONAL RESEARCH BRIEFINGS

1. **Budge, S.L., & Solberg, V.S.,** (2010, March) *Career exploration and the use of career narrative data for high school students’ career exploration processes: A United States sample*. Research briefing presented at the Department of Labor, Washington, D.C.
2. **Budge, S.L., Solberg, V.S., & Phelps, A.L.** (2010, March) *Individualized Learning Plans within a community-oriented approach: The usefulness of focus group data with parents, teachers, and students*. Research briefing presented at the Department of Labor, Washington, D.C.

INTERNATIONAL RESEARCH BRIEFINGS

1. **Budge, S.L., & Solberg, V.S.,** (2010, February) *A three-tiered approach to analyze the career decision making processes using focus group data with Singaporean parents, students, and staff*. Research briefing presented at the Ministry of Education, Singapore.
2. **Budge, S.L., & Solberg, V.S.,** (2010, February) *Use of narrative analysis for high school students’ career exploration processes: A Singapore Sample*. Research briefing presented at the Ministry of Education, Singapore.

BLOGS

Paquin, J., Tao, K., & **Budge, S.L. (2020).** *Is psychotherapy effective for everyone?*
<https://www.apa.org/pubs/highlights/spotlight/issue-192>

Budge, S.L. (2015). *Critical considerations in writing letters for trans clients*.
<https://societyforpsychotherapy.org/critical-considerations-in-writing-letters-for-trans-clients/>

Stephanie Budge CV 2023

PROFESSIONAL SERVICE**Associate Editor**

Psychotherapy 1/2014 – 1/2022
Psychology of Sexual Orientation and Gender Diversity 8/2020 -- current

Guest Editor of Special Sections

Psychotherapy 5/2019
Journal of Counseling Psychology 12/2017
Psychology of Sexual Orientation and Gender Diversity 12/2017
Psychotherapy 9/2016

Editorial Board

Psychotherapy 1/2011 – 12/2013
Archives of Sexual Behavior 1/2014 – 12/2016
Psychology of Sexual Orientation and Gender Diversity 1/2016 – 8/2020
International Journal of Transgender Health 1/2016 – current
LGBTQ+ Family: An Interdisciplinary Journal 9/2022 - current

Ad Hoc Reviewer: Journal of Consulting and Clinical Psychology, Clinical Psychology Review, Journal of Counseling Psychology, The Counseling Psychologist, Feminism and Psychology, Psychology of Religion and Spirituality, Psychology of Women Quarterly, Journal of GLBT Family Issues, BioMed Central Journal, The Cognitive Behavior Therapist, Psychotherapy Research, Routledge Publishers, Harvard University Press, Family Process

Leadership in Professional Organizations

Co-Chair of Division 17 Special Task Group 8/2019 – 8/2020
 "Building a Trans and Nonbinary Pipeline into Counseling Psychology." This special task group included giving a free webinar about increasing access for trans and nonbinary students into doctoral psych programs, creating a curriculum guide for psychology courses, and supporting a research project that focused on trans and nonbinary students' experiences in counseling psychology programs

Co-Chair of Division 44 Science Committee 8/2011 – 8/2021
 Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues (Division 44)

Membership in Professional Organizations

American Psychological Association (APA)

- Society of Counseling Psychology (Division 17)
- Division of Psychotherapy (Division 29)
- Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues (Division 44)

World Professional Association for Transgender Health (WPATH)