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9  
 10 IN THE UNITED STATES DISTRICT COURT  
 11 FOR THE NORTHERN DISTRICT OF CALIFORNIA  
 12

13 CITY AND COUNTY OF SAN FRANCISCO,

14 Plaintiff,

15 vs.

16 ALEX M. AZAR II, et al.,

17 Defendants.

18 STATE OF CALIFORNIA, by and through  
 ATTORNEY GENERAL XAVIER BECERRA,

19 Plaintiff,

20 vs.

21 ALEX M. AZAR, et al.,

22 Defendants.

23 COUNTY OF SANTA CLARA et al.,

24 Plaintiffs,

25 vs.

26 U.S. DEPARTMENT OF HEALTH AND  
 HUMAN SERVICES, et al.,

27 Defendants.  
 28

No. C 19-02405 WHA  
 No. C 19-02769 WHA  
 No. C 19-02916 WHA

**DECLARATION OF DAVID H.  
 AIZUSS, M.D. IN SUPPORT OF  
 PLAINTIFF’S MOTION FOR  
 SUMMARY JUDGMENT AND IN  
 SUPPORT OF THEIR OPPOSITION  
 TO DEFENDANTS’ MOTION TO  
 DISMISS OR, IN THE  
 ALTERNATIVE, FOR SUMMARY  
 JUDGMENT**

Date: October 30, 2019  
 Time: 8:00 AM  
 Courtroom: 12  
 Judge: Hon. William H. Alsup  
 Action Filed: 5/2/2019

1 I, DAVID H. AIZUSS, M.D., declare as follows:

2 1. I am currently the President of the California Medical Association (CMA) and  
3 previously served as the Chair of CMA's Board of Trustees for 3 years. CMA's Board of Trustees  
4 review, debate, and set health care policy that governs CMA's advocacy in the Legislature,  
5 regulatory agencies, and the courts.

6 2. The California Medical Association (CMA) is a nonprofit, incorporated  
7 professional association of more than 44,000 members throughout the State of California. For  
8 more than 150 years, CMA has promoted the science and art of medicine, the care and well-being  
9 of patients, the protection of public health, and the betterment of the medical profession. CMA's  
10 physician members practice medicine in all specialties and settings.

11 3. I am a licensed physician practicing in the State of California. I have been  
12 practicing medicine for 34 years as an ophthalmologist. I currently practice in Los Angeles,  
13 California.

14 4. I received my undergraduate degree from Northwestern University. I received my  
15 medical degree from Northwestern University Medical School. I completed my residency at the  
16 Jules Stein Eye Institute at the University of California, Los Angeles. I am board certified in  
17 ophthalmology by the American Board of Ophthalmology.

18 5. I am familiar with the rule "Protecting Statutory Conscience Rights in Health  
19 Care; Delegations of Authority" (the Rule), published in the Federal Register on May 21, 2019.

20 6. CMA submitted comments to the United States Department of Health and Human  
21 Services (HHS) on March 27, 2018 on the Notice of Proposed Rulemaking, published in the  
22 Federal Register on January 28, 2018, that preceded the Rule.

23 7. The Rule purports to "protect the rights of individuals, entities, and health care  
24 entities to refuse to perform, assist in the performance of, or undergo certain health care services  
25 or research activities to which they may object for religious, moral, ethical, or other reasons" and  
26 further states that the provisions are to be "interpreted and implemented broadly to effectuate  
27 their protective purpose."  
28



1           14.     The Rule also defines “referral” or “refer” to mean providing any information, “in  
2 oral, written, or electronic form ... where the purpose or reasonably foreseeable outcome of the  
3 provision of the information is to assist a person in receiving funding or financing for, training in,  
4 obtaining, or performing a particular health care service, program, activity, or procedure.” This  
5 includes information related to contact information, directions, instructions, descriptions, or other  
6 information resources that could help an individual to get the health care service they need.

7           15.     Such an expansive definition could prevent patients from getting information  
8 about the availability of comprehensive health care options in their state.

9           16.     CMA believes that these overly broad definitions will result in denial of care and  
10 miscommunication to patients without meaningfully advancing physicians’ rights of conscience.

11                   **The Rule Undermines Anti-Discrimination Protections in Healthcare**

12           17.     The Rule undercuts California laws that have been put into place to ensure that  
13 patients in the state have access to comprehensive health care. The Rule interferes with existing  
14 state laws and accreditation requirements and will create needless legal confusion for California  
15 physicians.

16           18.     California law explicitly prohibits discrimination based on sex, sexual orientation,  
17 or gender identity, among other factors. California law provides that persons holding licenses  
18 under the provisions of the Business & Professions Code, such as physicians, are subject to  
19 disciplinary action for refusing, in whole or in part, or aiding or inciting another licensee to refuse  
20 to perform the licensed services to an “applicant” (patient) because of any characteristics under  
21 the Unruh Civil Rights Act, that is, the applicant’s race, color, sex, religion, ancestry, disability,  
22 marital status, national origin, medical condition, sexual orientation, or genetic information.

23           19.     The California Supreme Court has held that physicians’ religious freedom and free  
24 speech rights do not exempt physicians from complying with the Unruh Act’s prohibition against  
25 discrimination based on a person’s sexual orientation.

26           20.     California law prohibits discrimination by any person under any program that  
27 receives any financial assistance from the state. Additionally, the California Insurance Gender  
28 Nondiscrimination Act prohibits a health plan and insurer from “refusing to enter into, cancel or

1 decline to renew or reinstate a contract because of race, color, national origin, ancestry, religion,  
2 sex, marital status, sexual orientation, or age.” Sex includes both gender identity and gender  
3 expression.

4 21. In addition, the Rule may conflict with policies of agencies that accredit health  
5 care institutions. For example, the Joint Commission, which accredits and certifies nearly 21,000  
6 facilities in the U.S., has required since 2011 that the nondiscrimination policy of every  
7 accredited facility protect transgender patients.

8 22. The Rule will compel California physicians to risk violating the Rule or risk  
9 violating state and federal antidiscrimination laws that are in place to ensure that patient  
10 populations vulnerable to discrimination have equal access to health care and health care  
11 coverage.

12 **CMA Policy is to Balance Patients’ Rights with Physicians’ Conscience Rights**

13 23. CMA advocates for conscience protections for physicians that promote the rights  
14 of physicians to exercise their conscience while ensuring that such rights do not negatively impact  
15 patient care.

16 24. The Rule conflicts with policy adopted by medical professional associations  
17 including CMA and the American Medical Association which assert that physicians have an  
18 “ethical responsibility to place patients’ welfare above the physicians’ own self-interest or  
19 obligations to others, to use sound medical judgment on patients’ behalf, and to advocate for their  
20 welfare.”

21 25. According to the policy, physicians acting or refraining from acting in accordance  
22 with their conscience cannot be at the expense of their professional obligations to patients.

23 **Existing Laws Protect Patients’ and Physicians’ Rights**

24 26. Existing federal and state laws protect the rights of physicians by allowing states to  
25 take nuanced positions on protecting the conscience rights of health care workers, particularly  
26 with regard to abortion, sterilization, and aid-in-dying. The Rule’s provisions are not only  
27 redundant but will have a chilling effect on the enforcement of and passage of state laws that  
28 protect access to health care.



1 years; and actions to improve compliance taken by some companies such as taking remedial  
2 action, updating policies and procedures, and implementing staffing and scheduling practices  
3 amounting to \$14.8 million for the first year and \$1.5 million annually for years two through five.  
4 In addition, HHS estimates that the burden on providers will amount to \$93.4 million in the first  
5 year and \$14.1 million annually in years two through five in costs related to the voluntary posting  
6 and distribution of notices.

7 33. These costs are burdensome enough in themselves; this analysis fails to fully  
8 consider, moreover, the significant time and resources it takes to continuously implement and  
9 enforce such a Rule, cooperate with any HHS enforcement actions, as well as the numerous other  
10 administrative and regulatory burdens physicians already face and the degree to which each  
11 additional burden detracts from a physician's clinical practice.

12 34. Excessive administrative tasks imposed on physicians divert time and focus from  
13 providing actual care to patients and improving quality and may prevent patients from receiving  
14 timely and appropriate care.

15 35. CMA opposes adding additional burdens to physicians that do nothing to improve  
16 the quality of patient care and create yet more regulatory hurdles for the practice of medicine.

17 I declare under penalty of perjury under the laws of the United States and the State of  
18 California that the foregoing is true and correct to the best of my knowledge.

19  
20 Executed on August 29, 2019 in Los Angeles, California.

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22 

23 David H. Aizuss, M.D.  
24 President  
25 California Medical Association