



ORDINANCE

5407

1
2 AN ORDINANCE OF THE CITY OF BOCA RATON
3 AMENDING CHAPTER 9, CODE OF ORDINANCES, TO
4 CREATE A NEW ARTICLE VI, "PROHIBITION OF
5 CONVERSION THERAPY ON MINORS," PROHIBITING THE
6 PRACTICE OF CONVERSION THERAPY ON PATIENTS
7 WHO ARE MINORS; PROVIDING FOR SEVERABILITY;
8 PROVIDING FOR REPEALER; PROVIDING FOR
9 CODIFICATION; PROVIDING AN EFFECTIVE DATE
10

11 WHEREAS, as recognized by major professional associations of mental health
12 practitioners and researchers in the United States and elsewhere for nearly 40 years, being
13 lesbian, gay, bisexual, transgender or gender nonconforming, or questioning (LGBTQ) is not a
14 mental disease, disorder or illness, deficiency or shortcoming; and

15 WHEREAS, the American Academy of Pediatrics in 1993 published an article in its
16 Journal, stating: "Therapy directed at specifically changing sexual orientation is contraindicated,
17 since it can provoke guilt and anxiety while having little or no potential for achieving changes in
18 orientation;" and

1 WHEREAS, the American Psychiatric Association in December 1998 published its
2 opposition to any psychiatric treatment, including reparative or conversion therapy, which
3 therapy regime is based upon the assumption that homosexuality is a mental disorder per se or
4 that a patient should change his or her homosexual orientation; and

5 WHEREAS, the American Psychological Association's Task Force on Appropriate
6 Therapeutic Responses to Sexual Orientation ("APA Task Force") conducted a systematic
7 review of peer-reviewed journal literature on sexual orientation change efforts ("SOCE"), and
8 issued its report in 2009, citing research that sexual orientation change efforts can pose critical
9 health risks to lesbian, gay, and bisexual people, including confusion, depression, guilt,
10 helplessness, hopelessness, shame, social withdrawal, suicidality, substance abuse, stress,
11 disappointment, self-blame, decreased self-esteem and authenticity to others, increased self-
12 hatred, hostility and blame toward parents, feelings of anger and betrayal, loss of friends and
13 potential romantic partners, problems in sexual and emotional intimacy, sexual dysfunction,
14 high-risk sexual behaviors, a feeling of being dehumanized and untrue to self, a loss of faith,
15 and a sense of having wasted time and resources; and

16 WHEREAS, following the report issued by the APA Task Force, the American
17 Psychological Association in 2009 issued a resolution on Appropriate Affirmative Responses to
18 Sexual Orientation Distress and Change Efforts, advising parents, guardians, young people,
19 and their families to avoid sexual orientation change efforts that portray homosexuality as a
20 mental illness or developmental disorder and to seek psychotherapy, social support, and
21 educational services that provide accurate information on sexual orientation and sexuality,
22 increase family and school support, and reduce rejection of sexual minority youth; and

23 WHEREAS, the American Psychoanalytic Association in June 2012 issued a position
24 statement on conversion therapy efforts, articulating that "As with any societal prejudice, bias
25 against individuals based on actual or perceived sexual orientation, gender identity or gender
26 expression negatively affects mental health, contributing to an enduring sense of stigma and

1 pervasive self-criticism through the internalization of such prejudice" and that psychoanalytic
2 technique "does not encompass purposeful attempts to 'convert,' 'repair,' change or shift an
3 individual's sexual orientation, gender identity or gender expression," such efforts being
4 inapposite to "fundamental principles of psychoanalytic treatment and often result in substantial
5 psychological pain by reinforcing damaging internalized attitudes;" and

6 WHEREAS, the American Academy of Child & Adolescent Psychiatry in 2012
7 published an article in its Journal stating that clinicians should be aware that there is "no
8 evidence that sexual orientation can be altered through therapy and that attempts to do so may
9 be harmful;" that there is "no medically valid basis for attempting to prevent homosexuality,
10 which is not an illness;" and that such efforts may encourage family rejection and undermine
11 self-esteem, connectedness and caring, important protective factors against suicidal ideation
12 and attempts; and that, for similar reasons cumulatively stated above, carrying the risk of
13 significant harm, SOCE is contraindicated; and

14 WHEREAS, the Pan American Health Organization, a regional office of the World
15 Health Organization, issued a statement in 2012 stating: "These supposed conversion
16 therapies constitute a violation of the ethical principles of health care and violate human rights
17 that are protected by international and regional agreements." The organization also noted that
18 conversion therapies "lack medical justification and represent a serious threat to the health and
19 well-being of affected people;" and

20 WHEREAS, in 2014, the American School Counselor Association issued a position
21 statement that states: "It is not the role of the professional school counselor to attempt to
22 change a student's sexual orientation or gender identity. Professional school counselors do not
23 support efforts by licensed mental health professionals to change a student's sexual orientation
24 or gender as these practices have been proven ineffective and harmful;" and

25 WHEREAS, a 2015 report of the Substance Abuse and Mental Health Services
26 Administration, a division of the U.S. Department of Health and Human Services, "Ending

1 Conversion Therapy: Supporting and Affirming LGBTQ Youth" further reiterates based on
2 scientific literature that conversion therapy efforts to change an individual's sexual orientation,
3 gender identity, or gender expression is a practice not supported by credible evidence and has
4 been disavowed by behavioral health experts and associations, perpetuates outdated views of
5 gender roles and identities, negative stereotypes, stating, importantly, that such therapy may
6 put young people at risk of serious harm, and recognizing that, same-gender sexual orientation
7 (including identity, behavior, and attraction) is part of the normal spectrum of human diversity
8 and does not constitute a mental disorder; and

9 WHEREAS, the American College of Physicians wrote a position paper in 2015
10 opposing the use of "conversion," "reorientation," or "reparative" therapy for the treatment of
11 LGBT persons, stating that "[a]vailable research does not support the use of reparative therapy
12 as an effective method in the treatment of LGBT persons. Evidence shows that the practice may
13 actually cause emotional or physical harm to LGBT individuals, particularly adolescents or
14 young persons;" and

15 WHEREAS, at least one federal appeals court found that a prohibition of SOCE does
16 not violate first amendment rights and noted that the subject ordinance only required mental
17 health providers who wish to engage in practices that seek to change a minor's sexual
18 orientation either to wait until the minor turns 18 or be subject to professional discipline, leaving
19 mental health providers free to discuss or recommend treatment and to express their views on
20 any topic (See *Pickup v. Brown*, 740 F.3d 1208 (9th Cir. 2014)); and

21 WHEREAS, the City does not intend to prevent mental health providers from
22 speaking to the public about SOCE; expressing their views to patients; recommending SOCE to
23 patients; administering SOCE to any person who is 18 years of age or older; or referring minors
24 to unlicensed counselors, such as religious leaders. This ordinance does not prevent unlicensed
25 providers, such as religious leaders, from administering SOCE to children or adults; nor does it

1 prevent minors from seeking SOCE from mental health providers in other political subdivisions
2 or states outside of the City of Boca Raton, Florida; and

3 WHEREAS, City of Boca Raton has a compelling interest in protecting the physical
4 and psychological well-being of minors, including but not limited to lesbian, gay, bisexual,
5 transgender and questioning youth, and in protecting its minors against exposure to serious
6 harms caused by sexual orientation and gender identity change efforts; and

7 WHEREAS, the City Council hereby finds the overwhelming research demonstrating
8 that sexual orientation and gender identity change efforts can pose critical health risks to
9 lesbian, gay, bisexual, transgender or questioning persons, and that being lesbian, gay,
10 bisexual, transgender or questioning is not a mental disease, mental disorder, mental illness,
11 deficiency, or shortcoming; and

12 WHEREAS, the City Council finds minors receiving treatment from licensed therapists
13 in the City of Boca Raton, Florida, who may be subject to conversion or reparative therapy are
14 not effectively protected by other means, including, but not limited to, other state statutes, local
15 ordinances, or federal legislation; and

16 WHEREAS, the City Council desires to prohibit, within the geographic boundaries of
17 the City, the practice of sexual orientation or gender identity change efforts on minors by
18 licensed therapists only, including reparative and/or conversion therapy, which have been
19 demonstrated to be harmful to the physical and psychological well-being of lesbian, gay,
20 bisexual, transgender and questioning persons; now therefore

21
22 THE CITY OF BOCA RATON HEREBY ORDAINS:

23
24 Section 1. Chapter 9, "Miscellaneous Offenses," Article VI, "Prohibition of
25 Conversion Therapy on Minors," is created to read:

1 ARTICLE VI. - PROHIBITION OF CONVERSION THERAPY ON MINORS

2 Sec. 9-104. - Intent.

3 The Intent of this Ordinance is to protect the physical and psychological well-being of
4 minors, including but not limited to lesbian, gay, bisexual, transgender and/or questioning youth,
5 from exposure to the serious harms and risks caused by conversion therapy or reparative
6 therapy by licensed providers, including but not limited to licensed therapists. These provisions
7 are exercises of the police power of the City for the public safety, health, and welfare; and its
8 provisions shall be liberally construed to accomplish that purpose.

9 Sec. 9-105. - Definitions.

10 (a) "Conversion therapy" or "reparative therapy means," interchangeably, any
11 counseling, practice or treatment performed with the goal of changing an individual's sexual
12 orientation or gender identity, including, but not limited to, efforts to change behaviors, gender
13 identity, or gender expression, or to eliminate or reduce sexual or romantic attractions or
14 feelings toward individuals of the same gender or sex. Conversion therapy does not include
15 counseling that provides support and assistance to a person undergoing gender transition or
16 counseling that provides acceptance, support, and understanding of a person or facilitates a
17 person's coping, social support, and development, including sexual orientation-neutral
18 interventions to prevent or address unlawful conduct or unsafe sexual practices, as long as such
19 counseling does not seek to change sexual orientation or gender identity.

20 (b) "Minor" means any person less than 18 years of age.

21 (c) "Provider" means any person who is licensed by the State of Florida to provide
22 professional counseling, or who performs counseling as part of his or her professional training
23 under chapters 456, 458, 459, 490 or 491 of the Florida Statutes, as such chapters may be
24 amended, including but not limited to, medical practitioners, osteopathic practitioners,
25 psychologists, psychotherapists, social workers, marriage and family therapists, and licensed
26 counselors. The term "provider" does not include members of the clergy or other religious

1 leaders who are acting in their roles as clergy or pastoral counselors, or are providing religious
2 counseling or instruction to congregants, provided they do not hold themselves out as providing
3 conversion therapy pursuant to any of the aforementioned Florida Statutes licenses.

4 Sec. 9-106. - Conversion therapy prohibited.

5 It shall be unlawful for any provider to practice conversion therapy on any individual
6 who is a minor regardless of whether the provider receives monetary compensation in exchange
7 for such services.

8 Sec. 9-107. - Enforcement and civil penalties.

9 (a) Any person that violates any provision of this article shall be subject to the civil
10 penalty prescribed in section 1-16 and in no instance shall a violation of this article be
11 punishable by imprisonment.

12 Section 2. If any section, subsection, clause or provision of this ordinance is held
13 invalid, the remainder shall not be affected by such invalidity.

14 Section 4. All ordinances and resolutions or parts of ordinances and resolutions and
15 all sections and parts of sections in conflict herewith shall be and hereby are repealed.

16 Section 5. Codification of this ordinance in the City Code of Ordinances is hereby
17 authorized and directed.

18 Section 6. This ordinance shall take effect immediately upon adoption.

19

1 PASSED AND ADOPTED by the City Council of the City of Boca Raton this 10th
2 day of October, 2017.

3
4 CITY OF BOCA RATON, FLORIDA

5
6 ATTEST:

7
8
9 Susan S. Saxton
10 Susan S. Saxton, City Clerk

11 Susan Haynie
12 Susan Haynie, Mayor

13
14 Approved as to form:

15
16
17 Diana Grub Frieser
18 Diana Grub Frieser
19 City Attorney

20
21
22 017814

COUNCIL VOTE			
	YES	NO	ABSTAINED
MAYOR SUSAN HAYNIE	✓		
DEPUTY MAYOR JEREMY RODGERS	✓	✓	
COUNCIL MEMBER ANDREA LEVINE O'ROURKE	✓		
COUNCIL MEMBER SCOTT SINGER	✓		
COUNCIL MEMBER ROBERT S. WEINROTH	✓		

23
24

Homosexuality and Adolescence

Committee on Adolescence

The American Academy of Pediatrics issued its first statement on homosexuality and adolescence in 1983. The past decade has witnessed increased awareness of homosexuality, changing attitudes toward this sexual orientation, and the growing impact of the human immunodeficiency virus (HIV). Therefore, an updated statement on homosexuality and adolescence is timely.

Homosexuality is the persistent sexual and emotional attraction to members of one's own gender and is part of the continuum of sexual expression. Many gay and lesbian youths first become aware of and experience their sexuality during adolescence. Therefore, pediatricians who care for teenagers need to understand the unique medical and psychosocial issues facing homosexually oriented youths (see Table 1 for a definition of terms).

ETIOLOGY AND PREVALENCE

Homosexuality has existed in most societies for as long as recorded descriptions of sexual beliefs and practices have been available. Societal attitudes toward homosexuality have had a decisive impact on the extent to which individuals have hidden or made known their sexual orientation.

In 1973, the American Psychiatric Association reclassified homosexuality as a sexual orientation/expression rather than as a mental disorder.¹ The etiology of homosexuality remains unclear, but the current literature and the vast majority of scholars in this field state that one's sexual orientation is not a choice, that is, individuals no more choose to be homosexual than heterosexual.^{2,3} However, the expression of sexual behaviors and lifestyle is a choice for all teenagers regardless of sexual orientation.

During the adolescent years, many youths engage in sexual experimentation. Sexual behavior during this period does not predict future sexual orientation. Gay, lesbian, and heterosexual youths may engage in sexual activities with members of the same or opposite sex. Kinsey et al,^{4,5} from their studies in the 1930s and 1940s, reported that 37% of men had at least one homosexual experience resulting in orgasm. From the same cohort, Kinsey reported that 4% of women and 10% of men were exclusively homosexual for at least 3 years of their lives. Sorenson⁶ surveyed a group of 16- to 19-year-olds and reported that 6% of

females and 17% of males had at least one homosexual experience. While the Kinsey data suggest that 4% of adult men and 2% of adult women are exclusively homosexual in their behavior and fantasies, the current prevalence of homosexual behavior and identity among adolescents remains to be defined.

SPECIAL CONCERNS

Gay and lesbian adolescents share many of the developmental tasks of their heterosexual peers. These include establishing a sexual identity and deciding on sexual behaviors, whether choosing to engage in sexual intercourse or to abstain. Due to the seriousness of sexually transmitted diseases (STDs), abstinence should be promoted as the safest choice for all adolescents. However, not all youths will choose abstinence. The current reality is that a large number of adolescents are sexually active. Therefore, all adolescents should receive sexuality education and have access to health care resources. It is important to provide appropriate anticipatory guidance to all youths regardless of their sexual orientation. Physicians must also be aware of the important medical and psychosocial needs of gay and lesbian youths.⁷

HIV

The epidemic of the HIV infection highlights the urgency of making preventive services and medical care available to all adolescents regardless of sexual orientation or activity. Heterosexual and homosexual transmission of HIV infection is well established. The role of injectable drugs of abuse in HIV transmission is also well known.^{3,8} Sex between males accounts for about half of the non-transfusion-associated cases of acquired immunodeficiency syndrome (AIDS) among males between the ages of 13 and 19 years.⁸ While not all gay adolescents engage in high-risk sex (or even have sex), their vulnerability to HIV infection is well recognized. The pediatrician should encourage adolescents to practice abstinence. However, many will not heed this important message. Thus, practical, specific advice about condom use and other forms of safer sex should be included in all sexuality education and prevention discussions.

Issue of Trust

Quality care can be facilitated if the pediatrician recognizes the specific challenges and rewards of providing services for gay and lesbian adolescents. This care begins with the establishment of trust, respect, and confidentiality between the pediatrician and the adolescent. Many gay and lesbian youths avoid health care or discussion of their sexual orientation out of fear that their sexual orientation will be

This statement has been approved by the Council on Child and Adolescent Health.

The recommendations in this policy statement do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations taking into account individual circumstances, may be appropriate.

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TABLE 1. Definitions of Terms

Coming out	The acknowledgment of one's homosexuality and the process of sharing that information with others.
Gender identity	The personal sense of one's integral maleness or femaleness; typically occurs by 3 years of age.
Gender role	The public expression of gender identity; the choices and actions that signal to others a person's maleness or femaleness; one's sex role.
Heterosexist bias	The conceptualization of human experience in strictly heterosexual terms and consequently ignoring, invalidating, or derogating homosexual behaviors and sexual orientation. ¹⁹
Homophobia	The irrational fear or hatred of homosexuality, which may be expressed in stereotyping, stigmatization, or social prejudice ¹⁸ ; it may also be internalized in the form of self-hatred.
In the closet	Nondisclosure or hiding one's sexual orientation from others.
Sexual orientation	The persistent pattern of physical and/or emotional attraction to members of the same or opposite sex. Included in this are homosexuality (same-gender attractions); bisexuality (attractions to members of both genders); and heterosexuality (opposite-gender attractions). The terms preferred by most homosexuals today are lesbian women or gay men.
Transsexual	An individual who believes himself or herself to be of a gender different from his or her assigned biologic gender (gender identity does not match anatomic gender).
Transvestite	An individual who dresses in the clothing of the opposite gender and derives pleasure from this action. This is not indicative of one's sexual orientation.

disclosed to others. The goal of the provider is not to identify all gay and lesbian youths, but to create comfortable environments in which they may seek help and support for appropriate medical care while reserving the right to disclose their sexual identity when ready. Pediatricians who are not comfortable in this regard should be responsible for seeing that such help is made available to the adolescent from another source.

SPECIAL ASPECTS OF CARE

History

A sexual history that does not presume exclusive heterosexuality should be obtained from all adolescents.^{3,9} Confidentiality must be emphasized except in cases in which sexual abuse has occurred. It is vital to identify high-risk behavior (anal or vaginal coitus, oral sex, casual and/or multiple sex partners, substance abuse, and others).

Physical Examination

A thorough and sensitive history provides the groundwork for an accurate physical examination for youths who are sexually experienced.¹⁰ Depending on the patient's sexual practices, a careful examination includes assessment of pubertal staging, skin lesions (including cutaneous manifestations of STDs, bruising, and other signs of trauma), lymphadenopathy (including inguinal), and anal pathology (including discharge, venereal warts, herpetic lesions, fissures, and others). Males need evaluation of the penis (ulcers, discharge, skin lesions), scrotum, and prostate (size, tenderness). Females need assessment of their breasts, external genitalia, vagina, cervix, uterus, and adnexa.

Laboratory Studies

All males engaging in sexual intercourse with other males should be routinely screened for STDs, including gonorrhea, syphilis, chlamydia, and enteric pathogens. The oropharynx, rectum, and urethra should be examined and appropriate cultures obtained when indicated.^{3,9}

Immunity to hepatitis B virus should be assessed. Immunization is recommended for all sexually active adolescents and should be provided for all males

who are having or anticipate having sex with other males.¹¹ HIV testing with appropriate consent should be offered; this includes counseling before and after voluntary testing.

Women who have sex exclusively with other women have a low incidence of STDs, but can transmit STDs and potentially HIV if one partner is infected. Since lesbian women who engage in unprotected sex with men face risks of both sexually acquired infections and pregnancy, the pediatrician should offer them realistic birth control information and counseling on STD prevention.

PSYCHOSOCIAL ISSUES

The psychosocial problems of gay and lesbian adolescents are primarily the result of societal stigma, hostility, hatred, and isolation.¹² The gravity of these stresses is underscored by current data that document that gay youths account for up to 30% of all completed adolescent suicides.¹³ Approximately 30% of a surveyed group of gay and bisexual males have attempted suicide at least once.¹⁴ Adolescents struggling with issues of sexual preference should be reassured that they will gradually form their own identity¹⁵ and that there is no need for premature labeling of one's sexual orientation.¹⁶ A theoretical model of stages for homosexual identity development composed by Troiden¹⁷ is summarized in Table 2. The health care professional should explore each adolescent's perception of homosexuality, and any youth struggling with sexual orientation issues should be offered appropriate referrals to providers and programs that can affirm the adolescent's intrinsic worth regardless of sexual identity. Providers who are unable to be objective because of religious or other personal convictions should refer patients to those who can.

Gay or lesbian youths often encounter considerable difficulties with their families, schools, and communities.^{16,18,19} These youths are severely hindered by societal stigmatization and prejudice, limited knowledge of human sexuality, a need for secrecy, a lack of opportunities for open socialization, and limited communication with healthy role models. Subjected to overt rejection and harassment at the hands of family members, peers, school officials, and others

TABLE 2. Stages of Homosexual Identity Formation*

Sensitization	The feeling of differentness as a prepubertal child or adolescent. The first recognition of attraction to members of the same gender before or during puberty.
Sexual identity confusion	Confusion and turmoil stemming from self-awareness of same-gender attractions. Often this first occurs during adolescence. This confusion usually is not so much due to a questioning of one's feelings as it is to the attempt to reconcile the feelings with negative societal stereotypes. The lack of accurate knowledge about homosexuality, the scarcity of positive gay and lesbian role models, and the absence of an opportunity for open discussion and socialization as a gay or lesbian person contribute to this confusion. During this stage the adolescent develops a coping strategy to deal with social stigma.
Sexual identity assumption	The process of acknowledgment and social and sexual exploration of one's own gay or lesbian identity and consideration of homosexuality as a lifestyle option. This stage typically persists for several years during and after late adolescence.
Integration and commitment	The stage at which a gay or lesbian person incorporates his/her homosexual identity into a positive self-acceptance. This gay or lesbian identity is then increasingly and confidently shared with selected others. Many gays and lesbians may never reach this stage; those who do are typically in adulthood when this acceptance occurs.

* From Troiden.¹⁷

in the community, they may seek, but not find, understanding and acceptance by parents and others. Parents may react with anger, shock, and/or guilt when learning that their child is gay or lesbian.

Peers may engage in cruel name-calling, ostracize, or even physically abuse the identified individual. School and other community figures may resort to ridicule or open taunting, or they may fail to provide support. Such rejection may lead to isolation, runaway behavior, homelessness, domestic violence, depression, suicide, substance abuse, and school or job failure. Heterosexual and/or homosexual promiscuity may occur, including involvement in prostitution (often in runaway youths) as a means to survive. Pediatricians should be aware of these risks and provide or refer such youths for appropriate counseling.

Disclosure

The gay or lesbian adolescent should be allowed to decide when and to whom to disclose his/her sexual identity. In particular, the issue of informing parents should be carefully explored so that the adolescent is not exposed to violence, harassment, or abandonment. Parents and other family members may derive considerable benefit and gain understanding from organizations such as Parents and Friends of Lesbians and Gays (PFLAG).^{3,18}

Concept of Therapy

Confusion about sexual orientation is not unusual during adolescence. Counseling may be helpful for young people who are uncertain about their sexual orientation or for those who are uncertain about how to express their sexuality and might profit from an attempt at clarification through a counseling or psychotherapeutic initiative. Therapy directed specifically at changing sexual orientation is contraindicated, since it can provoke guilt and anxiety while having little or no potential for achieving changes in orientation. While there is no current literature clarifying whether sexual abuse can induce confusion in one's sexual orientation, those with a history of sexual abuse should always receive counseling with appropriate mental health specialists. Therapy may also be helpful in addressing personal, family, and environmental difficulties that are often concomitants of the emerging expression of homosexuality.

Family therapy may also be useful and should always be made available to the entire family when major family difficulties are identified by the pediatrician as parents and siblings cope with the potential added strain of disclosure.

SUMMARY OF PHYSICIAN GUIDELINES

Pediatricians should be aware that some of the youths in their care may be homosexual or have concerns about sexual orientation. Caregivers should provide factual, current, nonjudgmental information in a confidential manner. These youths may present to physicians seeking information about homosexuality, STDs, substance abuse, or various psychosocial difficulties. The pediatrician should ensure that each youth receives a thorough medical history and physical examination (including appropriate laboratory tests), as well as STD (including HIV) counseling and, if necessary, appropriate treatment. The health care professional should also be attentive to various potential psychosocial difficulties and offer counseling or refer for counseling when necessary.

The American Academy of Pediatrics reaffirms the physician's responsibility to provide comprehensive health care and guidance for all adolescents, including gay and lesbian adolescents and those young people struggling with issues of sexual orientation. The deadly consequences of AIDS and adolescent suicide underscore the critical need to address and seek to prevent the major physical and mental health problems that confront gay and lesbian youths in their transition to a healthy adulthood.

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APA Official Actions

Position Statement on Psychiatric Treatment and Sexual Orientation

Approved by the Board of Trustees, December 1998
Approved by the Assembly, November 1998

"Policy documents are approved by the APA Assembly and Board of Trustees... These are... position statements that define APA official policy on specific subjects..." – *APA Operations Manual*.

The Board of Trustees of the American Psychiatric Association (APA) removed homosexuality from the Diagnostic and Statistical Manual of Mental Disorders (DSM) in 1973 after reviewing evidence that it was not a mental disorder. In 1987 ego-dystonic homosexuality was not included in the revised third edition of DSM (DSM-II-R) after a similar review.

APA does not currently have a formal position statement on treatments that attempt to change a person's sexual orientation, also known as "reparative therapy" or "conversion therapy." In 1997 APA produced a fact sheet on homosexual and bisexual issues, which states that "there is no published scientific evidence supporting the efficacy of "reparative therapy" as a treatment to change one's sexual orientation."

The potential risks of "reparative therapy" are great and include depression, anxiety, and self-destructive behavior, since therapist alignment with societal prejudices against homosexuality may reinforce self-hatred already experienced by the patient. Many patients who have undergone "reparative therapy" relate that they were inaccurately told that homosexuals are lonely, unhappy individuals who never achieve acceptance or satisfaction. The possibility

that the person might achieve happiness and satisfying interpersonal relationships as a gay man or lesbian are not presented, nor are alternative approaches to dealing with the effects of societal stigmatization discussed. APA recognizes that in the course of ongoing psychiatric treatment, there may be appropriate clinical indications for attempting to change sexual behaviors.

Several major professional organizations, including the American Psychological Association, the National Association of Social Workers, and the American Academy of Pediatrics, have made statements against "reparative therapy" because of concerns for the harm caused to patients. The American Psychiatric Association has already taken clear stands against discrimination, prejudice, and unethical treatment on a variety of issues, including discrimination on the basis of sexual orientation.

Therefore, APA opposes any psychiatric treatment, such as "reparative" or "conversion" therapy, that is based on the assumption that homosexuality per se is a mental disorder or is based on the a priori assumption that the patient should change his or her homosexual orientation.

An initial version of this position statement was proposed in September 1998 by the Committee on Gay, Lesbian, and Bisexual Issues of the Council on National Affairs. It was revised and approved by the APA Assembly in November 1998. The revised version was approved by the Board of Trustees in December 1998. The committee members as of September 1998 were Lowell D. Tong, M.D. (chairperson), Leslie G. Goransson, M.D., Mark H. Townsend, M.D., Diana C. Miller, M.D., Cheryl Ann Clark, M.D., Kenneth Ashley, M.D. (consultant); corresponding members: Stuart M. Sotsky, M.D., Howard C. Rubin, M.D., Daniel W. Hicks, M.D., Ronald L. Cowan, M.D.; Robert J. Mitchell, M.D. (Assembly liaison), Karine Igartua, M.D. (APA/Glaxo Wellcome Fellow), Steven Lee, M.D. (APA/Bristol-Myers Squibb Fellow), and Petros Levounis, M.D. (APA/Center for mental Health Services Fellow).

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Defendant/City of Boca Raton's Trial
Exhibit No. 3
Otto, et al vs. City of Boca Raton, et al
Case No. 18-cv-80771

City - 0018