



DEPARTMENT OF HUMAN SERVICES

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DANIEL A. BRATTSET, Director
SHARON L. BOESL, Deputy Director

June 14, 2018

Dr. Katherine Gast
University Hospital
600 Highland Ave.
Madison, WI 53792

Re: Sara Ann Makenzie (DOB: [REDACTED])

Dear Dr. Gast,

Sara Ann Makenzie is a consumer in my care at Sauk County Human Services. She has been actively participating in services with me since 08/10/17. Sara Ann has established a longstanding and strong identity as a female. She has been successfully and consistently living in a gender role congruent with her affirmed gender. Sara Ann has made progress in her transition and appears to be happy in her decision. She continues to report symptoms of anxiety, depression, anger, and distress in response to the stressors of transitioning prior to completing gender reassignment surgery. At this time however, her psychiatric symptoms appear to be quite stable. Sara Ann denies a current or recent history of self-harming behaviors and/or suicidal thoughts. She intends to continue her weekly therapy regimen and she agrees to ongoing participation in the Sauk County Comprehensive Community Services (CCS) program, both of which she believes have been helpful. Sara Ann has expressed a persistent desire for surgery since our original meeting. I have no hesitation recommending her for the procedure that she has requested. If you need additional information or have questions, please do not hesitate to contact me at 608-355-4292.

Sincerely,

Jessica L. Bellard, MSW, LCSW, CS-IT
Psychotherapist, Substance Abuse Specialty