

# **EXHIBIT 53**



1 MR. LI MANDRI: Okay.

2 THE COURT: -- I can hardly hear you up here.

3 MR. LI MANDRI: Okay.

4 Q Okay. So why did you attend Journey Into  
5 Manhood? That's the question.

6 A As I said before, I'd heard from others that it  
7 would be helpful in addressing -- in aligning my  
8 religious values and my commitments to my wife with,  
9 with my same sex attraction.

10 Q Okay. So I want to talk about some of the  
11 processes you participated in during your first Journey  
12 Into Manhood weekend. Do you, do you remember any of  
13 those processes?

14 A Yes.

15 Q Which processes do you remember?

16 A The ones that are most vivid for me were two  
17 pieces of psychodrama. There's two opportunities for  
18 the participant, myself, to do psychodrama. One's on  
19 Saturday and one's on Sunday. And those were both life  
20 changing for me. So I remember them vividly.

21 Q Can you, can you briefly describe one of  
22 those?

23 A The one on Saturday was about the bullying I  
24 experienced. So I, I had some wounds, some painful  
25 memories around gym class and particularly when we were

1 doing basketball. There was, again, some physical  
2 bullying, me and, and taunts and mockery. And I  
3 discovered on, on the weekend that I still carried a  
4 lot of hurt, anger and shame about that. And so I, I  
5 needed -- so I, I, I had a -- they put a -- they asked  
6 me if I wanted to express that anger. And, and that  
7 was kind of a new experience for me. So I said yes, I  
8 want to try something different. And so I, I took a  
9 baseball bat and beat this boxing bag with it while --  
10 I gave the other participants some of the taunts that I  
11 heard. And then, and then I was able to really quickly  
12 -- I'm, I'm a visual person. And so just seeing all of  
13 that laid out there. I mean, it sounds funny to  
14 recount this. But, but having it laid out as a visual  
15 brought me right there. And so I was able to access  
16 that anger. And after I got that anger out, which  
17 wasn't very long, I realized that it was about being  
18 excluded. That my real -- and then it got to sadness.  
19 And the real wound was around sadness, of being  
20 excluded, not being a part of these peers. And then I  
21 was able to move on from that. And, and it really  
22 isn't something -- I've been able to forgive and move  
23 on from that experience. It was really profound for  
24 me.

25 Q Did, did you participate in any other process

1 that involved psychodrama?  
2 A On the next -- for myself or with others?  
3 Q For yourself.  
4 A Yeah, the next day we did another one.  
5 Q Can you tell us a little bit about that?  
6 A Yeah, I'll try. Again, it's kind of like you have  
7 to be there. But this course concerned with objective  
8 truth. This is about my truth and my perceptions. And  
9 so I knew, again, because I've seen people succeed and  
10 I've seen people fail. And I was recently married. I  
11 was happily married. I had a good relationship with my  
12 wife. And -- but I knew that, you know, issues could  
13 still come up. And so what we laid out was the  
14 different forces in my life that might be pulling me in  
15 different directions. So I stood kind of outside this  
16 -- it's a rectangular carpet. That's why we call it  
17 carpet work. So there was a rectangular carpet. And  
18 we laid out my work. We laid out my church. We laid  
19 out my friends, supportive friends, and laid out some  
20 unsupportive and unhealthy influences. And we put them  
21 all on there on the carpet. And so I was able to step  
22 back and see how all those influences did it. And the  
23 facilitator said to me well now what do you want, how  
24 do you want this to be different. And again, because  
25 I'm a visual person it was really helpful to just see

1 the potential conflicts and the different forces in my  
2 life that are operating. And when I did that it was  
3 like a light bulb went off again. And, and in this  
4 case, unlike the day before, and there wasn't any  
5 dramatic yelling or screaming, it was a bit of an  
6 emotional -- you know, there were -- I teared up a bit.  
7 But, but it was just the profound insight I had gotten  
8 to the truth of my life as it's laid out there in the  
9 different roles. And I would be able to see how I could  
10 balance and manage that. And, and I do think that was  
11 really remarkably life changing with me. I can  
12 remember it now over almost ten years later.  
13 Q Did you participate in processes that  
14 involved what we've heard as father/son holding?  
15 A I did.  
16 Q Will you please briefly describe those?  
17 A In that case, again, it can look strange looking  
18 at it from the outside, but if -- it's about me, if --  
19 when I participated in it, I asked to be held by a man  
20 that I felt could have a kind of fatherly influence on  
21 me. It wasn't a -- at all a sexual attraction or any  
22 kind of attraction except this was somebody who had  
23 kind of a nurturing, loving aspect to them. And so I  
24 picked a man like that and had him -- I wrote a letter.  
25 It's called a letter from your golden father that's --